

# bosk

## BREAKFAST MENU

### SMOOTHIES

STRAWBERRY SMOOTHIE (V, GF) 12  
Ontario Strawberries | Coconut Milk | Banana

ACAI SMOOTHIE (VE, GF) 12  
Mixed Berries | Oat Milk

ZEN SMOOTHIE (VE, GF) 12  
Apple | Ginger | Kale | Spinach | Avocado

ADD PROTEIN POWDER 5

### COLD STARTERS

HOUSE MADE GRANOLA (V, GF, N) 17  
Pecans | Coconut | Oats | Greek Yogurt | "B-wall Honey"

AVOCADO TOAST (VE) 17  
Smashed Avocado | Preserved Cherry Tomato  
Crispy Chickpeas | Preserved Chili | Radish

SUPER FRUIT SALAD (VE, GF) 17  
Melons | Pineapple | Berries | Chia Seeds

BERRY & CHIA BOWL (VE, GF, N) 17  
House Made Granola | Kiwi | Banana

ZEN BOWL (VE, GF, N) 18  
Apple | Kale | Avocado | House Made Granola | Coconut  
Hemp Seeds

SALMON BAGEL 18  
Smoked Salmon | Toasted Bagel | Cucumber | Pickled Onion  
Dill | Cream Cheese | Lemon

### FROM THE BAKERY

SELECTION OF ONE 7  
SELECTION OF THREE 19

Croissant Pain Au Chocolat  
Banana Loaf Coffee Cake  
Spiced Carrot Loaf

### HOT STARTERS

OATMEAL (VE, GF, N) 17  
"100 km" Steel Cut Oats | Pear And Currant Compote  
Spiced Seeds And Nuts

SHANGRI-LA DUCK CONGEE 17  
Cured Egg Yolk | Xo Sauce | "Hudson Valley" Duck Confit |  
Ginger | Crispy Onions | Savoury Doughnut

### EGGS BENEDICT

CLASSIC BENEDICT (P) 25  
Peameal Bacon | Poached Eggs | Hollandaise  
English Muffin | Hashbrown

ROYALE BENEDICT 26  
Smoked Salmon | Poached Eggs | Capers | Red Onion | Dill  
Hollandaise | English Muffin | Hashbrown

FLORENTINE BENEDICT (V) 24  
"Marc's Mushrooms" | Spinach | Poached Eggs | Hollandaise  
English Muffin | Hashbrown

### CLASSICS

TWO EGGS (GF) 22  
Eggs Any Style  
Choice of: Bacon, Pork Sausage, Chicken Sausage | Hashbrown

WELLNESS FRITTATA (V, GF) 25  
Egg White | Zucchini | Spinach | Tomato | Feta | Avocado  
Asparagus | Also available with whole eggs

EGGS IN PURGATORY (V, GF) 26  
Two Poached Eggs | "Stoney Creek" Crushed Tomatoes  
White Beans | Rapini | Gremolata

SPICED PUMPKIN PANCAKES (V) 25  
Cookstown Farms Pumpkin Mousse | Apple  
Spiced Ginger Streusel | Maple Syrup

GIANDUJA FRENCH TOAST (V, N) 25  
"Fred's Bread" Brioche | Hazelnut | Maple | Banana Custard  
Glazed Kiwi And Strawberry

### OMELETTE

THE WESTERN (P, GF) 24  
Ham | Cheddar | Red Pepper | Onion

THE LORRAINE (P, GF) 24  
Bacon | Gruyere | Caramelized Onion

THE VEGETARIAN (V, GF) 24  
Spinach | Mushroom | Hollandaise

THE TUROPHILE (V) 23  
"Ontario Artisanal" Cheddar Cheese

SHANGRI-LA SIGNATURE (V, GF) 27  
Roasted Tomato | Pesto | Bella Casara Buffalo Mozzarella

VE - Vegan | V - Vegetarian | P - Contains Pork | GF - Gluten-Free | N - Contains Nuts

\*All prices are exclusive of service charge, tax and gratuity. | \*Please let our colleagues know if you have any food allergy or special dietary requirement.

All two egg dishes and omelettes are gluten free on their own. The hashbrown and bread that is served along side these dishes are not. | Our produce and cuisine is "Rooted in Nature", featuring the finest local and seasonal ingredients. 