

SMOOTHIES		HOT STARTERS		WELLNESS FRITTATA    Egg White   Zucchini   Spinach   Tomato   Feta   Avocado	27
ACAI SMOOTHIE  Mixed Berries   Oat Milk	13	OATMEAL	19	Asparagus	0.7
ZEN SMOOTHIE     Apple   Ginger   Kale   Spinach   Avocado	13	Spiced Seeds And Nuts SHANGRI-LA DUCK CONGEE	25	EGGS IN PURGATORY    Two Poached Eggs   Stoney Creek Crushed Tomatoes   White Beans   Broccolini   Gremolata	27
TROPICAL SMOOTHIE   Mango   Pineapple   Banana   Citrus   Coconut Milk	14	Cured Egg Yolk   XO Sauce   Hudson Valley Duck Confit   Ginger   Crispy Onions   Savoury Doughnut		PANCAKES	26 Chantilly
ADD PROTEIN POWDER	5	EGGS BENEDICT		FRENCH TOAST 🗾	26
COLD STARTERS		CLASSIC BENEDICT Peameal Bacon   Poached Eggs   Hollandaise	26	Crispy Lemon Mascarpone Stuffed Milk Bread   Crème Anglaise   Glazed Blueberries   Pistachio Streusel	
COLD STARTERS	10	English Muffin   Hashbrown		AVOCADO TOAST	24
HOUSE MADE GRANOLA 💆 🙋 🙋 Pecans   Coconut   Oats   Greek Yogurt   B-wall Honey	19	ROYALE BENEDICT Smoked Salmon   Poached Eggs   Capers   Red Onion	28	Smashed Avocado   Preserved Cherry Tomato   Crispy Chickp Preserved Chili   Radish   <b>Brodflour Sourdough</b>	eas I
SUPER FRUIT SALAD 🗷 🚳 Melons   Pineapple   Berries   Chia Seeds	19	Hollandaise   English Muffin   Hashbrown	2.4	OMELETTE	
BERRY & CHIA BOWL 202 House Made Granola   Kiwi   Banana	20	FLORENTINE BENEDICT  Marc's Mushrooms   Spinach   Poached Eggs   Hollandaise English Muffin   Hashbrown	26	THE WESTERN	25
ZEN BOWL	20	AVOCADO BENEDICT Avocado   Preserved Cherry Tomatoes   Poached Eggs	26	THE LORRAINE    Bacon   Gruyere   Caramelized Onion	25
Hemp Seeds	27	Hollandaise   English Muffin   Hashbrown		THE VEGETARIAN 🗷 🚳 Spinach   Mushroom   Hollandaise	25
BAGEL AND LOX Smoked Salmon   Local Cream Cheese   Caper Berries   Pickled Onions   Dill   Toasted Bagel	27	CLASSICS TWO EGGS	23	THE TUROPHILE 🗷 🚳 Ontario Artisanal Cheddar Cheese	25
FROM THE BAKERY		Eggs Any Style Choice of: Bacon, Pork Sausage, Chicken Sausage   Hashbrown		SHANGRI-LA SIGNATURE  Roasted Tomato   Pesto   Bella Casara Buffalo Mozzarella	27
SELECTION OF ONE   THREE Croissant Pain Au Chocolat	8   20			Basil   Hashbrown	

Croissant Banana Loaf

Spiced Carrot Loaf

Coffee Cake