the FLYING 鱼 (ATCH 跃



鱼跃美食 探索之旅 MEDITERRANEAN GOURMET DISCOVERY 原汁原味的地中海供養

AUTHENTIC MEDITERRANEAN FOOD



香格里拉会会员可以使用积分兑换所有菜品。Shangri-La Circle member can use SLC points to redeem all dishes. 服片仅供参考。菜品以实物为准。Pictures are for reference purpose only. 如果您对某些食物敏感,请通知服务领班。以上价格均为人民币净价(已包含10%服务费及6%增值税)。

碳烤澳洲牛排色拉

牛油果,樱桃萝卜, 樱桃番茄,绿叶生菜,浓缩黑醋

Grilled Australian Beef Salad

Beef Steak, Avocado, Red Radish, Cherry Tomato, Green Salad, and Balsamic Reduction

98 例 portion







橄榄油、辣椒碎、大蒜

Gambas al Ajillo Juicy Prawn Sizzling with Olive Oil, Dried Chili, Garlic



▲ 风味烤羊排 配串番茄、迷你胡萝卜、芦笋

Roasted Lamb Rack

Grilled Cherry Tomato on Vines, Baby Carrot, Asparagus

228 例 portion

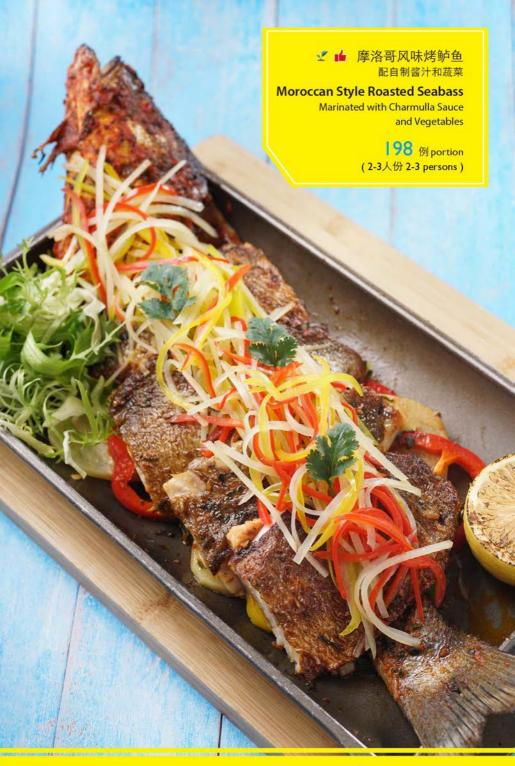


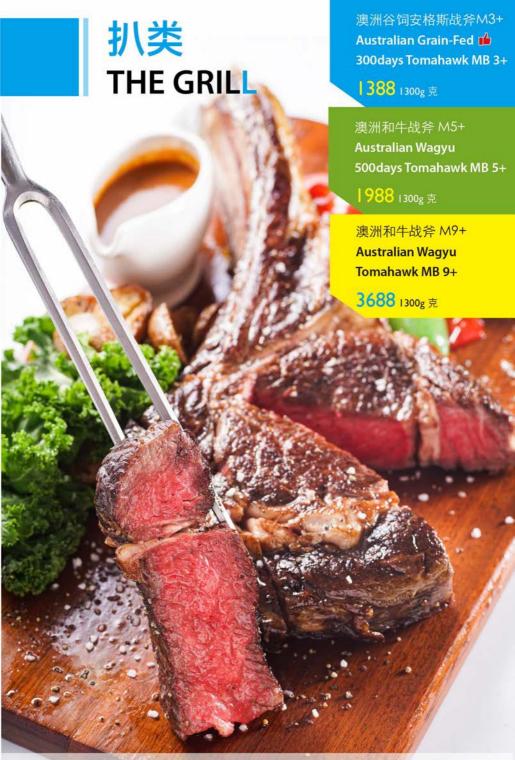
▲ 香煎鳕鱼

配菠菜、鳕鱼球、地中海酱汁

Pan Fried Cod

Spinach, Cod Fish Ball, Homemade Sauce





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500天澳洲和牛9级

Australian Grain-Fed Waygu Beef 500 Days Marbling Score 9

688 2200 克 西冷 Sirloin

768 220g 克 肉眼 Rib-Eye

768 180g克 里脊 Tenderloin

和牛三重奏 988 300g 克 Waygu Beef Trio

500天澳洲和牛5 - 6级

Australian Grain-Fed Waygu Beef 500 Days Marbling Score 5-6

> 598 220g克 西冷 Sirloin

> 688 220g克 肉眼 Rib-Eye

地中海风味海盐 配菜 酱汁 (任选二款) (任选二款) (任选二款) Mediterranean Sea Salt **Side Dishes** Sauce (Choose 2) (Choose 2) (Choose 2) 黑胡椒汁 土豆泥 原味 松露蘑菇汁 Truffle Mushroom Sauce 柠檬 烤芦笋 蘑菇 烟熏 红酒汁 薯角 青辣椒酱 Chimichurri Sauce 迷迭香 Rosemary Salt 炒西兰苔 Fried Broccolini 粗粒芥末酱 Mustard Seed 黑盐









主菜

MAIN COURSE



香草烤春鸡

春鸡配芦笋、樱桃番茄、 柠檬、大蒜和混合色拉

Grilled Chicken with Herbs

Spring Chicken with Grilled Asparagus, Cherry Tomato, Lemon, Garlic and Mixed Salad

158 例 portion

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龙虾海鲜饭配活波士顿龙虾、樱桃番茄、时令蔬菜

688 例 portion

Lobster Paella

Live Boston Lobster, Cherry Tomato, Seasonal Vegetables



> 西班牙风味猪肋排

猪肋排,孜然,烟熏甜椒粉, 辣椒, 薯角

Spanish-Style Pork Ribs

Pork Ribs, Cumin, Smoked Paprika, Chili, Potato Wedge













澳洲谷饲牛腩排 配烤芦笋,樱桃番茄,

和芥末籽酱

Australian Grain Fed **Beef Flank Steak**

With Grilled Asparagus, Cherry Tomatoes, and Mustard Seed Sauce

258 例 portion

西班牙墨鱼汁烩饭 配混合海鲜、墨鱼汁、鸡肉、香肠、时令蔬菜

238 例 portion

🎂 Squid Ink Paella

Mixed Seafood, Squid Ink, Chicken, Sausage, Seasonal Vegetables





参 香烤三文鱼柳

配风干番茄面包碎、

黑橄榄、芦笋、柠檬黄油汁

□

Baked Salmon Fillet

Sundried Tomato Crusted, Black Olives, Asparagus, Lemon Butter Sauce





- □ 地中海风味肉类拼盘鸡肉串、羊排、牛肉串、西班牙肠、炸薯条、
- 迷你胡萝卜、樱桃番茄、混合色拉
- Mediterranean Mixed Meat Platter Chicken Kebab, Lamb Chop, Beef Kebab, Chorizo Sausage, French Fries Palm Carret Chorn Tamata, Mix Groop Salad

328 例 portion



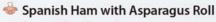
🧼 澳洲牛柳 配香煎鹅肝、菠菜、土豆泥、黑松露汁

Australian Grain Fed Beef Rossini

Australian Tenderloin, Seared Foie Gras, Spinach, Mash Potatoes, Truffle Sauce



西班牙火腿配芦笋卷塞拉诺火腿、绿芦笋、浓缩黑醋、开心果碎







伊比利亚火腿



Iberico Ham













烟重三文鱼

Smoked Salmon











羊肉丸子 🥏 配罗勒酱和酸奶酱

Kofta Lamb Meatballs

Basil Pesto and Yogurt Sauce

68 例 portion

鹅肝酱面包片

配风干番茄、芝麻菜和烟熏红椒粉

Foie Gras Terrine Bruschetta

Sundried Tomato, Arugula and Smoked Paprika

78 6片 pieces



吞拿鱼布鲁斯凯塔 ➤ Tuna Bruschetta

68 例 portion

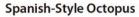


西班牙橄榄油浸沙丁鱼 ib Sardinas en Aceite de Oliva

| 18 例 portion



西班牙风味章鱼 配烟熏红椒粉,海盐和橄榄油 👈



Octopus, Smoked Paprika, Sea Salt, and Olive Oil



意式扒蔬菜 Italian-Style Grilled Vegetables

78 例 portion



香煎鹅肝 → ▲ 配法棍,开心果和树莓酱

72 例 portion

Pan-Seared Foie Gras
French Baguette, Pistachio, and Raspberry Sauce



🤛 芝士冷切拼盘 伊比利亚火腿,辣味萨拉米,曼彻格奶酪,

→ 马宏奶酪,樱桃番茄,混合橄榄,萨拉萨绿甜椒,核桃仁和杏仁

Cheese and Cold Cut Selection Iberico Ham, Spicy Salami, Manchego Cheese, Mahon Cheese, Cherry Tomatoes, Mixed Olives, Sarasa Chili, Walnut, and Almond



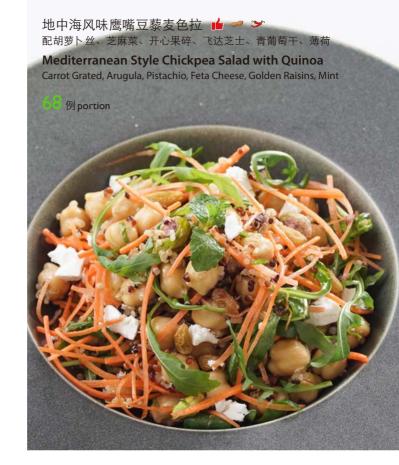


冷切盘火腿、辣味萨拉米、帕玛森芝士、生菜、樱桃番茄、混合橄榄、核桃仁、杏仁

Cold Cut Selection

Ham, Spicy Salami, Parmesan Cheese, Lettuce, Cherry Tomato, Mixed Olive, Walnut, Almond

SALAD & APPETIZERS 色拉 & 前菜



马苏里拉芝士色拉

樱桃番茄配迷你马苏里拉 芝士、罗勒酱和浓缩黑醋汁

Insalata Caprese

Cherry Tomato with Mini Mozzarella, Basil Pesto, and Balsamic Reduction





- → 凯撒沙拉
- → 配帕玛森芝士、鸡蛋、
- 培根与烤面包丁

Caesar Salad

With Parmesan Cheese, Egg, Crispy Bacon, and Croutons

78 例 portion





参 地中海沙拉 配火腿、烟熏鸡肉、 ✓ 樱桃番茄、混合蔬菜、蜂蜜芥末汁

Mediterranean Salad

Ham, Smoked Chicken, Cherry Tomato, Green Salad, Honey Mustard Dressing

88 例 portion

→ 意大利布莱塔芝士 配罗勒酱、芝麻菜、 彩色樱桃番茄、浓缩黑醋

Artisan Burrata

Burrata Cheese, Basil Pesto, Arugula, Heirloom Tomatoes, **Balsamic Reduction**

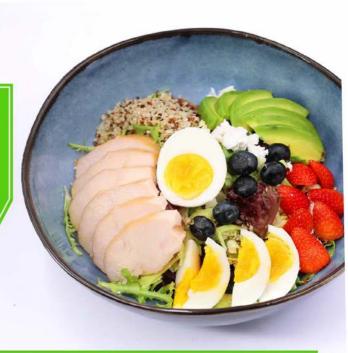
▲ 鱼跃超级色拉

鸡蛋,菲达芝士,藜麦, 鸡肉,牛油果,草莓,蓝莓

TFC Super Salad

Eggs, Feta Cheese, Quinoa, Chicken, Avocado, Strawberries, Blueberries

78 例 portion



配香炒虾仁、牛油果、

杏仁、黑醋汁

Warm Shrimp Salad

Arugula, Pan Fried Shrimp, Avocado, Almond, **Balsamic Dressing**











三文鱼色拉 👍

牛油果,黑米,风干番茄,红腰豆,水煮蛋,莳萝酱

Salmon Salad

Avocado, Black Rice, Sundried Tomato, Red Bean, Poached Egg, Dill Sauce

98 例 portion

烤蔬菜色拉♥ 芦笋,彩椒、角瓜、茄子、 樱桃番茄,混合色拉

Grilled Vegetables

Asparagus, Capsicum, Zucchini, Eggplant, Cherry Tomato, Mixed Green Salad

Salad





奶油龙虾汤 👍 配烤龙虾肉, 奶油和面包粒

Lobster Bisque Grilled Lobster Meat, Heavy Cream and Croutons

128 例 portion





法式洋葱汤 配芝士面包片

French Onion Soup Melted Cheese and Bread

78 例 portion

每日例汤

Soup of the Day Inspired by Seasonal Ingredients











海鲜浓汤 ✓ 配虾、笔管、 青口贝、鲷鱼柳、 樱桃番茄、罗勒叶

Seafood Soup

Prawns, Calamari, Mussels, Fish, Cherry Tomato, Basil Leaf

78 例 portion

意大利蔬菜汤

Minestrone

Country Style Vegetables Soup with White Beans





意大利烩饭 & 意RISOTTO & PASTA



▲ 划 意大利海鲜烩饭 配香煎带子、混合海鲜、意式酱汁

Risotto Nero

Arborio Rice, Pan Fried Scallops, Mix Seafood, Marinara Sauce





意式牛肝菌宽面 🍲 自制荷兰芹宽面、牛肝菌、 意大利香肠、佩科里尼芝士、黑松露

Tagliatelle Alla Norcina Homemade Parsley Noodles,

Porcini Mushroom, Italian Sausage, Pecorino Cheese, Black Truffle



海鲜意面 🏰 🌫 配大虾, 鱿鱼, 青口贝, 鲷鱼柳, 辣味番茄酱

Spaghetti Seafood

Tiger Prawn, Calamari, Mussel, Snapper Fish, Arrabbiata Sauce

98 例 portion

墨鱼汁意大利面 精选海鲜,芦笋,樱桃番茄, 洋葱,芝士和奶油汁

Squid Ink Pasta

Selected Seafood, Asparagus, Cherry Tomato, Onion, Cheese and Cream Sauce

98 例 portion





龙虾意大利面 配活波士顿龙虾、樱桃番茄、 芦笋、龙虾汁

Lobster Spaghetti

Live Boston Lobster, Cherry Tomato, Asparagus, Lobster Sauce



蟹肉天使细面 🗯 🏏



配樱桃番茄、绿茭瓜、 蒜味橄榄油、辣椒碎、 意大利芹、水波蛋

Crab Angel Hair Pasta

Crab Meat, Cherry Tomato, Zucchini, Garlic Olive Oil, Chili Flakes, Parsley, Poached Egg

108 例 portion



88 例 portion

我爱吃的面 Choose Your Pasta

意大利直面 Spaghetti

螺旋面 Fusilli

斜管面

Penne

意大利宽面 Fettuccine

天使面 Angle Hair 牛肉酱 Bolognese

番茄酱 Tomato Sauce

奶油汁

Cream Sauce

罗勒酱 🥏 Pesto Sauce

蒜味橄榄油 🛫 Garlic Aglio e Olio

樱桃番茄 Cherry Tomato

蘑菇

Mushroom

彩椒 Capsicum

黑橄榄 Black Olives

芦笋 Asparagus 培根 Bacon

辣味萨拉米

Spicy Salami

虾仁 Shrimp

鲷鱼柳 Snapper

青口贝 Mussel











披萨 PIZZA





意大利披萨 📫 🦠

配火腿、蘑菇、马苏里拉芝士

芝麻菜、黑松露油

The Italian Job

Ham, Mushroom, Mozzarella, Arugula, Truffle Oil

108例 portion



🥊 素食披萨 配马苏里拉芝士, 时令烤蔬菜

Ortolana

San Marzano Tomatoes, Mozzarella, Seasonal Grilled Vegetables



Diavola

San Marzano Tomatoes, Mozzarella, Spicy Salami, Chili, Black Olives

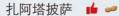












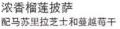
扎阿塔混合香料、布拉塔芝士、樱桃番茄、芝麻菜、橄榄油、浓缩黑醋

Zaatar Pizza with Burrata Cheese

Zaatar Spice Blend, Burrata Cheese, Cherry Tomato,







Creamy Durian Pizza

with Mozzarella Cheese and Dried Cranberries



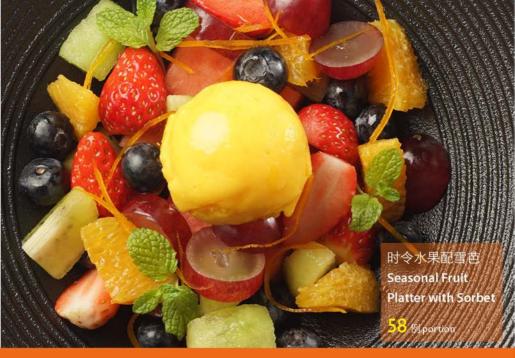
开心果奶油白披萨

108例 portion

开心果奶油底、马苏里拉芝士、 帕玛森芝士、意式莫塔德拉火腿片、开心果碎和芝士酱

Pistachio Bianca Pizza

Pistachio Cream Base, Mozzarella, Parmesan Cheese, Mortadella Slices, Crushed Pistachios, and Cheese Emulsion.



甜品 DESSERT

提拉米苏

用咖啡和利口酒浸泡的手指饼干层 与马萨拉风味马斯卡彭奶酪, 再撒上可可粉

Tiramisu

Layers of Ladies' Finger Biscuit Soaked with Coffee and Amaretto Liqueur Layered with Marsala Flavor Mascarpone Cheese and Topped with Cocoa Powder







里面塞满了美味的熔岩巧克力馅,

配上浆果和碎屑

Moelleux au Chocolat

Fluffy Chocolate Cake Filled with Scrumptious Molten Lava Chocolate Filling, Served with Berries and Crumble.









巴斯克焦色芝士蛋糕

焦糖化表面,内馅丝滑,带淡淡烟熏风味

Basque Burnt Cheesecake

Caramelized Top, Creamy Interior, Subtle Smoky Flavor

68 例 portion



柠檬舒芙蕾

一种非常清淡的松软甜点, 由蛋黄和柠檬口味的硬蛋清制成

Lemon Soufflé

Fluffy Dessert Dish Made of Egg Yolks and Stiffly Beaten Egg White, Influenced with Lemon Flavor

58 例 portion

香草冰激凌

Vanilla Ice Cream