the FLYING 鱼 (ATCH 跃



鱼跃美食 探索之旅 MEDITERRANEAN GOURMET DISCOVERY 原汁原味的地中海供肴

AUTHENTIC MEDITERRANEAN FOOD



音格里拉会会员可以使用积分兑换所有菜品。Shangri-La Circle member can use SLC points to redeem all dishes. 服片仅供参考,菜品以实物为准。Pictures are for reference purpose only. 如果您对某些食物贩感,请通知服务领班。以上价格均为人民币净价(已包含10%服务费及6%增值现)。





橄榄油、辣椒碎、大蒜

Gambas al Ajillo Juicy Prawn Sizzling with Olive Oil, Dried Chili, Garlic









▲ 风味烤羊排配串番茄、迷你胡萝卜、芦笋

Roasted Lamb Rack
Grilled Cherry Tomato on Vines, Baby Carrot, Asparagus

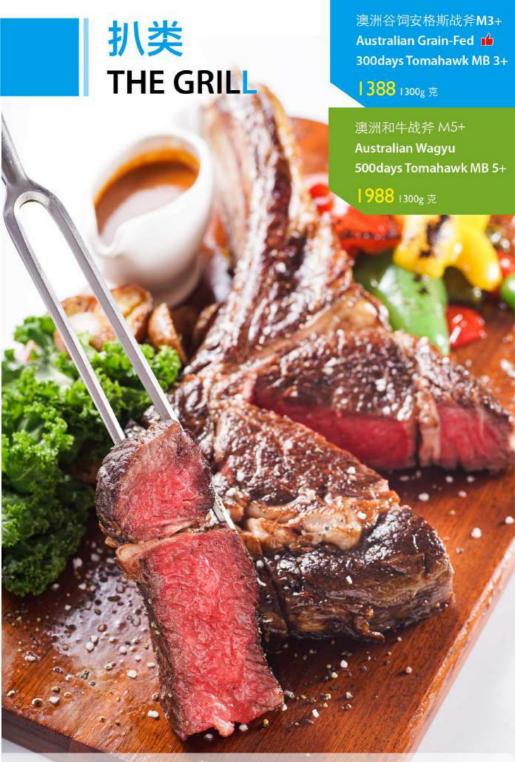
228 例 portion



★ 香煎鳕鱼配菠菜、 鳕鱼球、地中海酱汁

> Pan Fried Cod Spinach, Cod Fish Ball, Homemade Sauce





香格里拉会会员可以使用积分兑换所有菜品。Shangn-La Circle member can use SLC points to redeem all dishes. 應片促供参考,菜品以实物为准。Pictures are for reference purpose only. 如果您对某些食物敏感,请通知服务领班。以上价格均为人民币净价(已包含10%服务费及6%增值税)。



500天澳洲和牛9级

Australian Grain-Fed Waygu Beef 500 Days Marbling Score 9

西冷 Sirloin 688 220g 克

肉眼 Rib-Eye 768 220g 克

里脊 Tenderloin 768 180g 克

和牛三重奏 988 300g 克 Waygu Beef Trio

500天澳洲和牛5 - 6级

Australian Grain-Fed Waygu Beef 500 Days Marbling Score 5-6

西冷 Sirloin 598 220g 克

肉眼 Rib-Eye 688 220g 克

澳洲谷饲小牛脸

Australian Grain-Fed

268 例 portion

Veal Cheek

地中海风味海盐 (任选二款) Mediterranean Sea Sa

Mediterranean Sea Salt (Choose 2)

原味 Original Salt

柠檬 Lemon Salt

蘑菇 Mushroom Salt

烟熏 Smoke Salt

迷迭香 Rosemary Salt

辣椒 Chili Salt

黑盐

薯角 Potato Wedg

烤蘑菇 Roasted Mushroom

配菜

(任选二款)

Side Dishes

(Choose 2)

土豆泥 Mashed Potato

烤芦笋 Grilled Asparagus

炒菠菜 Sautéed Spinach

酱汁 (任选二款) Sauce

(Choose 2)

黑胡椒汁 Black Pepper Sauce

松露蘑菇汁 Truffle Mushroom Sauce

荷兰汁 Hollandaise

红酒汁 Red Wine Sauce

青辣椒酱 Chimichurri Sauce



主菜

MAIN COURSE



香草烤春鸡

春鸡配柠檬、大蒜、意大利芹、 罗勒和混合香料

Grilled Chicken with Herbs Spring Chicken with Lemon, Garlic,

Parsley, Basil and Mixed Spices



△ 西班牙墨鱼汁烩饭 配混合海鲜、墨鱼汁、鸡肉、香肠、时令蔬菜

239 例 portion

Squid Ink Paella Mixed Seafood, Squid Ink, Chicken, Sausage, Seasonal Vegetables



香烤三文鱼柳 配风干番茄面包碎、 黑橄榄、芦笋、柠檬黄油汁

Baked Salmon Fillet

Sundried Tomato Crusted, Black Olives, Asparagus, Lemon Butter Sauce





16 地中海风味肉类拼盘 鸡肉串、羊排、牛肉串、西班牙肠、炸薯条、 迷你胡萝卜、樱桃番茄、混合色拉

Mediterranean Mixed Meat Platter

Chicken Kebab, Lamb Chop, Beef Kebab, Chorizo Sausage, French Frie-Baby Carrot, Cherry Tomato, Mix Green Salad 328 例 portion





澳洲牛柳 配香煎鹅肝、菠菜、土豆泥、黑松露汁

Australian Grain Fed Beef Rossini

Australian Tenderloin, Seared Foie Gras, Spinach, Mash Potatoes, Truffle Sauce

268 例 portion

龙虾海鲜饭配活波士顿龙虾、樱桃番茄、 时令菠菜

Lobster Paella

Live Boston Lobster, Cherry Tomato, Seasonal Vegetables

餐前小吃 LAS TAPAS

小鱿鱼煎蛋 炸温泉蛋、迷你小鱿鱼、薯条、意大利芹
Fried Eggs with Baby Squid
Deep-Fried Sous Vide Egg, Baby Squid, French Fries, Italian Parsley
68 例 portion



炸马苏里拉球

配青豆泥、混合色拉

Deep-Fried Mozzarella

with Green Pea Sauce, Mix Green Salad













Kofta Lamb Meatballs

Basil Pesto and Yogurt Sauce

68 例 portion



鹅肝酱面包片 配风干番茄、芝麻菜和烟熏红椒粉

Foie Gras Terrine Bruschetta Sundried Tomato, Arugula and Smoked Paprika

78 6片 pieces



烟熏三文鱼、蜂蜜芥末酱、 烤酸面包

Smoked Salmon, Honey Mustard Sauce, Grilled Sour Dough

48 2片 pieces



水牛芝士、腌制番茄、罗勒、 烤酸面包

Buffalo Mozzarella, Marinated Tomatoes, Basil, Grilled Sour Dough

48 2片 pieces



帕尔玛火腿、罗勒酱、橄榄油、 烤酸面包

Parma Ham, Basil Pesto, Olive Oil, Grilled Sour Dough

48 2片 piece:

意式烤面包片拼盘 每种各一片

Bruschetta Combination

One of Each Bruschetta

68 3片 pieces



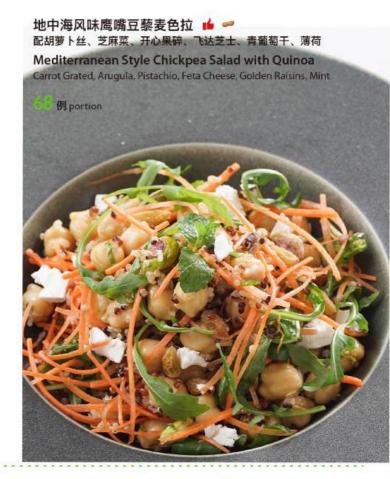


🤛 冷切盘 帕尔马火腿、辣味萨拉米、帕马森芝士、生菜、樱桃番茄、混合橄榄、核桃仁、杏仁

Cold Cut Selection

Parma Ham, Spicy Salami, Parmesan Cheese, Lettuce, Cherry Tomato, Mixed Olive, Walnut, Almond

SALAD & APPETIZERS 色拉 & 前菜



水牛芝士色拉

彩色樱桃番茄配水牛芝士、 罗勒叶、浓缩黑醋汁

Insalata Caprese

Cherry Tomatoes, Buffalo Mozzarella, Basil Leaves, Balsamic Reduction















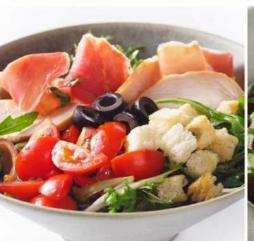
▲ 香煎鹅肝

配温热兰提豆、 开心果、树莓酱

Pan Seared Foie Gras

Warm Lentil, Pistachio, Raspberry Sauce

72 例 portion





地中海沙拉配火腿、烟熏鸡肉、 樱桃番茄、混合蔬菜、蜂蜜芥末汁

Mediterranean Salad

San Daniel Ham, Smoked Chicken, Cherry Tomato, Green Salad, Honey Mustard Dressing

88 例 portion

₱ 意大利布莱塔芝士 配罗勒酱、芝麻菜、 彩色樱桃番茄、浓缩黑醋

Artisan Burrata

Imported Burrata Cheese, Basil Pesto, Arugula, Cherry Tomatoes, Balsamic Reduction

鱼跃超级色拉 ~

鸡蛋、菲达芝士、藜麦、 鸡肉、牛油果、草莓、蓝莓

TFC Supper Salad

Eggs, Feta Cheese, Quinoa, Chicken, Avocado, Strawberry, Blue Berry

78例 portion





鸡肉甜菜色拉鸡肉、甜菜头、混合谷物、 葵花籽、黄瓜、芝麻菜、雪莉酒醋汁

Chicken & Beetroot Salad

Chicken, Beetroot, Mixed Grain, Sunflower Seeds, Cucumber, Arugula, Sherry Vinaigrette

78 例 portion

烤牛肉色拉芝麻菜、牛油果、 樱桃番茄、苦菊、吞拿鱼酱

Beef Salad

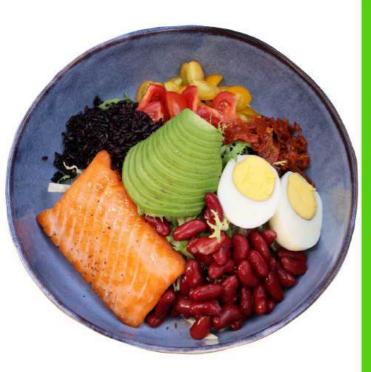
Arugula, Avocado, Cherry Tomatoes, Frisee, Tuna Sauce











三文鱼色拉一 牛油果、黑米、风干番茄、 红腰豆、水煮蛋、莳萝酱

Salmon Salad

Avocado, Black Rice. Sundried Tomato, Red Bean, Poached Egg, Dill Sauce

98例 portion

烤南瓜色拉 🛹 🎂 混合生菜、脆培根、 混合坚果、菲达芝士、 蜂蜜芥末酱

Roasted Pumpkin Salad

Mixed Green, Crispy Bacon, Mixed Nuts, Feta Cheese, Honey Mustard Dressing













奶油龙虾汤 配马斯卡布尼芝士、 龙虾肉、面包粒

Lobster Bisque Mascarpone Cheese, Grilled Lobster, Crouton

128 例 portion





法式洋葱汤 配芝士面包片

French Onion Soup Melted Cheese and Bread

78 例 portion

每日例汤

Soup of the Day Inspired by Seasonal Ingredients





海鲜浓汤 🗹 配虾、笔管、 青口贝、鲷鱼柳、 樱桃番茄、罗勒叶

Seafood Soup

Prawns, Calamari, Mussels, Fish, Cherry Tomato, Basil Leaf

78 例 portion

意大利蔬菜汤配混合蔬菜、白豆

Minestrone

Country Style Vegetables Soup with White Beans



红菜头烩饭

蓝纹芝士酱、橙皮碎、核桃碎

Beetroot Risotto

Gorgonzola Sauce, Orange Zest, Walnut Crushed



意大利烩饭 & 意



▲ ✓ 意大利海鲜烩饭 配香煎带子、混合海鲜、意式酱汁

Risotto Nero

Arborio Rice, Pan Fried Scallops, Mix Seafood, Marinara Sauce





意式牛肝菌宽面 自制荷兰芹宽面、牛肝菌、 意大利香肠、佩科里尼芝士、黑松露

Tagliatelle Alla Norcina

Homemade Parsley Noodles, Porcini Mushroom, Italian Sausage, Pecorino Cheese, Black Truffle



龙虾意大利面 配活波士顿龙虾、樱桃番茄、 芦笋、番茄汁

Lobster Spaghetti

Live Boston Lobster, Cherry Tomato, Asparagus, Tomato Sauce





蟹肉天使细面 🍁 🏏 配樱桃番茄、绿茭瓜、 蒜味橄榄油、辣椒碎、 意大利芹、水波蛋

Crab Angel Hair Pasta

Crab Meat, Cherry Tomato, Zucchini, Garlic Olive Oil, Chili Flakes, Parsley, Poached Egg

108 例 portion



我爱吃的面 Choose Your Pasta

78例 portion

意大利直面 Spaghetti

螺旋面 Fusilli

和普面

Penne

意大利宽面 Fettuccine

粗通心粉 Rigatoni

天使面 Angle Hair 牛肉酱 Bolognese

番茄酱 Tomato Sauce

奶油汁 Cream Sauce

罗勒酱 Pesto Sauce

蒜味橄榄油 Garlic Aglio e Olio

节瓜 Zucchini

樱桃番茄

Cherry Tomato

藤菇

Mushroom

彩椒

Capsicum 黑橄榄

Black Olives

苦勞 Asparagus

风干番茄

Sundried Tomato

培根 Bacon

辣味萨拉米 Spicy Salami

虾仁

Shrimp

鲷鱼柳 Snapper

青口贝

厨师推荐 Chef recommendation 🥔 含果仁 Containing nuts 🌞 含猪肉 Containing pork 🌹素食 Vegetarian **含辣椒 Spicy 🛫 菜品属于自然天成,精心选取本地食材,并确保供应链的每一个环节都乘承尊重自然、保护社区利益、对品质精益求精的原则。

披萨 PIZZA





意大利披萨 🇀 🍮

配帕尔马火腿、马苏里拉芝士、

The Italian Job

108例 portion



素食披萨 配马苏里拉芝士、时令烤蔬菜

Ortolana

San Marzano Tomatoes, Mozzarella, Seasonal Grilled Vegetables





椭圆形披萨 🤎

西兰花、佩克利诺芝士、蓝纹芝士酱、薄饼披萨

Oval Pizza

Broccoli, Pecorino, Blue Cheese Sauce, Flat Bread Pizza



辣味萨拉米披萨 > 配马苏里拉芝士、辣椒碎、黑橄榄

Diavola

San Marzano Tomatoes, Mozzarella, Spicy Salami, Chili, Black Olives





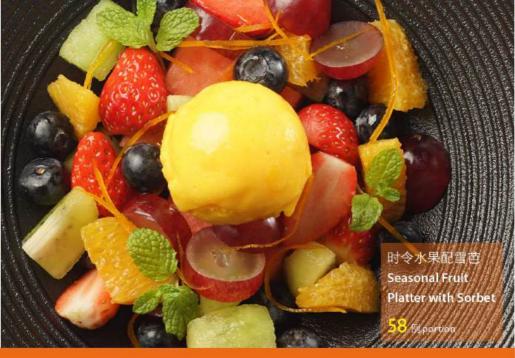
黑松露火腿薄脆披萨 **

黑松露酱, 西班牙肠, 塞拉诺火腿, 芝麻菜和水牛芝士

Black truffle crispy pizza

truffle paste, chorizo sausage, Serrano ham, arugula and Buffalo mozzarella cheese





甜品 DESSERT

提拉米苏

用咖啡和利口酒浸泡的手指饼干层 与马萨拉风味马斯卡彭奶酪, 再撒上可可粉

Tiramisu

Layers of Ladies' Finger Biscuit Soaked with Coffee and Amaretto Liqueur Layered with Marsala Flavor Mascarpone Cheese and Topped with Cocoa Powder







巧克力熔岩蛋糕

松软的巧克力蛋糕,

里面塞满了美味的熔岩巧克力酱。

配上浆果和碎屑

Moelleux au Chocolat

Fluffy Chocolate Cake Filled with Scrumptious Molten Lava Chocolate Filling Served with Berries and Crumble





柠檬舒芙蕾

一种非常清淡的松软甜点。 由蛋黄和柠檬口味的硬蛋清制成

Lemon Soufflé

Fluffy Dessert Dish Made of Egg Yolks and Stiffly Beaten Egg White Influenced with Lemon Flavor

58 例 portion

巧克力舒芙蕾

Chocolate Souffle

