

Your Wedding Countdown by Shangri-La

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6-12 months before		
	Both parties' parents to meet and discuss on wedding date and details of the	
	wedding	
	Gather wedding information for planning and budgeting	
	Prepare guest invitation list and forecast attendance	
	Select and book venue for wedding ceremony and banquet	
	Initial stage of planning on wedding decoration and theme	
	Confirm bridal photography studio, bridal gown and car rental services	
	Begin regular facial and hair treatments	
	Pre-Marital health examination	
4 1	months before	
	Understand the local culture and custom in weddings	
	Purchase wedding rings and jewelries	
	Plan in advance for finance management and family planning	
	Purchase furniture and home appliances for new home	
	Wedding photography	
	Confirm best man and bride's maid	
	Plan for honeymoon	
	Fix appointment with hair stylist to choose the hair styles for wedding day	
	Body treatment for the bride	
	Treat yourself at The SPA of Shangri-la Hotel, Ningbo. Offer the personalization	
	features by our professional therapist, with an extra 10% off for all "bride-to-be"	
2 1	months before	
	Confirm bridal hair style and make-up	
	Order wedding invitation cards	
	Complete wedding photography	
	Confirm bridal gown and suits, choose gowns for mothers and suits for fathers	
	Plan wedding coordinator's duties and responsibilities on the wedding day	
	Select helpers at reception. (Helpers need to know both parties' guests)	
	Confirm a Master-of-Ceremony	

□ Detailed planning of wedding programme



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0	weeks defore		
	Select and invite the witnesses for wedding signing ceremony		
	Reserve bridal car and parking space		
	Apply for marriage leave		
	Bridal gowns and suits trial		
	Confirm honeymoon destination and itinerary		
4	4 weeks before		
	Confirm wedding details		
	Send out invitation cards		
	Confirm helpers name list and duty roster		
	Purchase wedding goodies and beverages for wedding reception		
	Ensure all daily necessities for new home are in order		
	Purchase honeymoon necessity		
	Bride and Groom to make appointment for facial treatment		
	Please consider the special packages for new couple at The Spa of Shangri-La Hotel,		
	Ningbo: Rock Crystal Energising Facial Treatment or Eternal Lotus Facial Treatment		
2 weeks before			
	Confirm wedding details, hairstylist, makeup artist and photographer		
	One more appointment for facial treatment		
	Visit the hair salon		
1	1 week before		
	Confirm guest list		
	Confirm final wedding details		
	Final confirmation of set-up time, guest list, wedding procedure and etc		
	Confirm the schedule on wedding rundown with all helpers		
	Go for manicure, pedicure & beauty treatment		



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1 (1 day before		
	Confirm appointment with makeup artist & hairstylist		
	Prepare cash for dowry & Hong Bao		
	Confirm all the accessories, silk stockings, shoes and etc		
	Send all beverages and goodies to hotel for wedding reception		
	Prepare ID card if checking in to the hotel		
	Wedding planning company to do set up		
	Wedding rehearsal		
	Ensure sufficient rest and avoid drinking too much water before bed		
	Go for a massage		
	【The SPA from Shangri-La Hotel, Ningbo. The professional spa therapists will blend the suitable essential oil especially for you; their skillful massage technique will make you feel extremely relax and comfortable.】		
Da	ay of the Wedding		
	Have a hearty breakfast		
	Invite good friends to bride's home to pick up the bride		
	Dress up		

Kind Reminders from Wedding Specialist:

Ensure someone assist to look after the valuables
Hotel to prepare snacks in bridal room for couple

- * Bridal couple to pay attention to their health and diet:
 - ✓ Avoid spicy food and strong taste food
 - ✓ Light and nutritious food are highly recommended

☐ Maintain the high spirit and enjoy the once in a lifetime experience

- ✓ Try not to have strenuous exercise, keep a relaxed mind which will relieve all stress and pressure
- * Recommend the bride to wear a medium height shoes instead of an extreme high heels as the bride will be standing for all day long. (Suggest white, silver, gold or light color for easy matching)
- Suggest the groom to have two suits, formal attire and regular suit. (Or have one traditional costume based on nationality)
- Standby empty Hong Bao at reception table for guests
- * Massage your eyes before going to bed to avoid the dark circle
- Drinking some Jasmine tea will help to relax