

Your Wedding Countdown by Shangri-La

6	12 months before		
	Both parties' parents to meet and discuss on wedding date and details of the		
	wedding		
	Gather wedding information for planning and budgeting		
	Prepare guest invitation list and forecast attendance		
	Select and book venue for wedding ceremony and banquet		
	Initial stage of planning on wedding decoration and theme		
	Confirm bridal photography studio, bridal gown and car rental services		
	Begin regular facial and hair treatments		
	Pre-Marital health examination		
4 1	4 months before		
	Understand the local culture and custom in weddings		
	Purchase wedding rings and jewelries		
	Plan in advance for finance management and family planning		
	Purchase furniture and home appliances for new home		
	Wedding photography		
	Confirm best man and bride's maid		
	Plan for honeymoon		
	Fix appointment with hair stylist to choose the hair styles for wedding day		
	Body treatment for the bride		
	Treat yourself at The SPA of Shangri-la Hotel, Ningbo. Offer the personalization		
	features by our professional therapist, with an extra 10% off for all "bride-to-be"		
2 months before			
	Confirm bridal hair style and make-up		
	Order wedding invitation cards		
	Complete wedding photography		
	Plan wedding coordinator's duties and responsibilities on the wedding day		
	Select helpers at reception. (Helpers need to know both parties' guests)		
	Confirm a Master-of-Ceremony		
	Detailed planning of wedding programme		



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6 weeks before		
	Select and invite the witnesses for wedding signing ceremony	
	Reserve bridal car and parking space	
	Apply for marriage leave	
	Bridal gowns and suits trial	
	Confirm honeymoon destination and itinerary	
4 weeks before		
	Confirm wedding details	
	Send out invitation cards	
	Confirm helpers name list and duty roster	
	Purchase wedding goodies and beverages for wedding reception	
	Ensure all daily necessities for new home are in order	
	Bride and Groom to make appointment for facial treatment	
	I Please consider the special packages for new couple at The Spa of Shangri-La Hotel, Ningbo: Rock Crystal Energising Facial Treatment or Eternal Lotus Facial Treatment	
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1 (iay before	
	Confirm appointment with makeup artist & hairstylist	
	Prepare cash for dowry & Hong Bao	
	Confirm all the accessories, silk stockings, shoes and etc	
	Send all beverages and goodies to hotel for wedding reception	
	Prepare ID card if checking in to the hotel	
	Wedding planning company to do set up	
	Wedding rehearsal	
	Ensure sufficient rest and avoid drinking too much water before bed	
	Go for a massage	
	The SPA from Shangri-La Hotel, Ningbo. The professional spa therapists will blend the suitable essential oil especially for you; their skillful massage technique will make you feel extremely relax and comfortable.	
Day of the Wedding		
	Have a hearty breakfast	
	Invite good friends to bride's home to pick up the bride	
	Dress up	
	Ensure someone assist to look after the valuables	
	Hotel to prepare snacks in bridal room for couple	
	Maintain the high spirit and enjoy the once in a lifetime experience	

Kind Reminders from Wedding Specialist:

- Bridal couple to pay attention to their health and diet:
 - Avoid spicy food and strong taste food
 - Light and nutritious food are highly recommended
 - Try not to have strenuous exercise, keep a relaxed mind which will relieve all stress and pressure
- Recommend the bride to wear a medium height shoes instead of an extreme high heels as the bride will be standing for all day long. (Suggest white, silver, gold or light color for easy matching)
- Suggest the groom to have two suits, formal attire and regular suit. (Or have one traditional costume based on nationality)
- Standby empty Hong Bao at reception table for guests
- Massage your eyes before going to bed to avoid the dark circle
- Drinking some Jasmine tea will help to relax