

SPA TREATMENT

Signature Asian Blend Massage

60/90 minutes | INR 6000/8000

Asian Blend massage is Chi's Signature massage. This full body massage uses a mix of Asian massage techniques - Thai, Malaysian, Balinese, Chinese and Indian with medium to firm pressure, to help balance and re-energize your body.

Relaxing Aroma Massage

60/90 minutes | INR 6000/8000

Consists of long strokes with light to medium pressure to relax sore muscles, relieve tension and increase blood circulation. The customized aroma oils used in this massage help to improve your sleep as well.

Therapeutic Deep Tissue Massage

60/90 minutes | INR 6000/8000

A combination of stretching and medium to firm pressure works at a deep, muscular level. Long strokes using hands, forearms and elbows help to reduce chronic muscle pain and increase flexibility.

Reviving Balinese Massage

60/90 minutes | INR 6000/8000

Revitalize and bring balance to your body with the combination of gentle stretches, acupressure and relaxing long stroke massage with aroma oils to stimulate the flow of oxygen and energy.

Traditional Abhyanga Massage

60/90 minutes | INR 6000/8000

A traditional Indian massage that combines soothing and symmetrical long strokes to regulate your circulatory and nervous system with the use of Ayurvedic medicated oils. Find yourself more relaxed with increased blood circulation and stimulated lymphatic flow.

Awakening Shirodhara

45 minutes | INR 6000

An ancient Ayurvedic therapy of pouring lukewarm medicated oil on the "third eye chakra" (centre of forehead) to awaken your senses. It is helpful in relieving mental exhaustion as well as stress and any ill-effects on the central nervous system.

Hot Stone Massage

90 minutes | INR 8500

Hot basalt stones are used during this full body massage to provide a healing and effective experience. The hot stones also expand blood vessels which encourages blood flow throughout the body. The stones have a sedative effect that can relieve chronic pain, reduce stress and promote deep relaxation.

Stress-relieving Neck & Back Massage

30 minutes | INR 3500

A quick fix for your hectic and stressful day to release the stress and muscular tension from your neck, shoulders and back. Your therapist will use a variety of massage techniques to suit your individual needs to loosen the sore, tight muscles.



All Prices Are In Indian Rupees. Government Taxes As Applicable. We Levy A Service Charge
Service Charge Levied Is Discretionary. Guest Can Have It Waived Off As Per Their Request.

Soothing Foot Massage

30 minutes | INR 3500

A therapeutic foot ritual designed to soothe tired feet and calves, stimulate blood circulation and reduce swelling of the legs and feet due to fluid retention.

Spa Treatment For Two

60/90 minutes | INR 10000/14000

Enjoy time to connect with your best friend, family or loved one in our Couple's Suite. Choose whichever massage suits your individual needs. Both spa treatments must be of equal duration.

FACIAL

Signature Deep Cleansing Facial

60 minutes | INR 6000

It detoxifies and draws out impurities for deep cleansing. The application of face mask follows a thorough cleansing and exfoliation session using the iconic moor mud cleansing balm, as well as tropical fruit extracts that treat sensitive skin and reduce pore size. This classic facial massage instantly lifts and firms the skin.

Illuminating Facial

60 minutes | INR 6000

Designed to brighten and illuminate complexion, this facial begins with a gentle peeling, enriched with copper for an anti-oxidant collagen-stimulating punch. A unique facial massage soothes the senses and accelerates micro-circulation whilst the mask plumps the epidermis to reduce the appearance of fine line and wrinkles.

Gold Hydralifting Facial

90 minutes | INR 7500

This repairing and hydrating treatment starts with a double application of to cleanse, exfoliate and peel. A rose-scented gold mask then deploys hyaluronic acid in three different forms to plump and nourish the skin while bio-available gold repairs micro-damage to strengthen the skin. To finish, a sprinkling of gold shimmer oil adds a subtle sparkle to arms and décolleté.

Gentleman's Facial

60 minutes | INR 6000

Regular cleansing and extraction are the basis of good skincare and this facial addresses those needs. A mineral-rich face mask draws out impurities, cleanses deeply and nourishes the skin. A unique facial massage soothes the skin whilst stimulating micro-circulation and a scalp and shoulder massage relieves tension and stress.



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Express Facial

30 minutes | INR 3500

A time-efficient refresher facial to address different skin types and conditions that includes cleansing and exfoliation to remove dead skin and concludes with a mask to nourish the skin. It's a perfect ritual to maintain your skin in between your monthly facial appointments or for a person on the go.

BODY TREATMENT

BODY SCRUBS

Organic Body Polish

45 minutes | INR 5500

An organic body polish made with a blend of sugar, salt and organic shea infused with biodynamic flower essence for ultra-hydrated and supple skin.

Coconut Scrub

45 MINUTES | INR 5500

Rejuvenate your skin by natural moisturizing body scrub made out of coconut. It has amazing properties to cleanse, smooth and moisturize your skin.

Organic Body Wrap

60 minutes | INR 5500

It helps to clear the skin, reduce cellulite and acne. It also reduces pigmentation and improves blood circulation.



WELLNESS JOURNEYS

Taste of India Retreat

120 minutes | INR 14000

Experience Ayurveda with this authentic Indian retreat. After a foot soak, begin with a full-body exfoliation to remove dead skin and start the de-stressing process. Relax your muscles with long massage strokes using rich Ayurvedic oils before concluding with a Shirodhara experience to complete your well-being.

Includes: Foot Ritual, 30 mins Coconut Body Scrub, 60 mins Abhyanga Massage and 30 mins Shirodhara Treatment

Chi Indulgence

120 minutes | INR 10000

Chi is the universal life force that governs well-being. For people to maintain a state of wellness it is believed that 'Chi' must flow freely within the body. Open up your blocked energy with a full body scrub, followed by our Signature Asian Blend massage which incorporates techniques to open up all energy pathways.

Includes: Foot Ritual, 30 mins Organic Body Scrub, 90 mins Chi Signature Asian Blend Massage

Couple's Indulgence

90 minutes | INR 14000

(Foot ritual, 60 minutes massage and 30 minutes Jacuzzi)

Take time to reconnect with your spouse in our Couple's Suite. Begin with an exotic soak for two, infused with honey, milk, rose petals and essential oils. Afterwards, enjoy a 60 min massage of your choice to leave you in a state of complete relaxation.

Includes: Foot Ritual, 20 mins Soak for two, 60 mins Couple's Massage of your choice



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SALON

LADIES STYLING

Hair Styling

Hair Cut	2000
Blow dry	1500
Shampoo & Conditioning	1000
Ironing - above waist/below waist	1500/2000
Tong curls - above waist/below waist	1500/2000
Hair bun/Hair Styling	2000
Hair perming - above waist/below waist	9500/12000
Hair smoothening - above waist/below waist	9500/12000

Ladies Hair Colouring

Root touch up - with ammonia/ammonia free	2500/3000
Global short hair - with ammonia/ammonia free	4500/5500
Global medium hair - with ammonia/ammonia free	5000/6500
Global long hair - with ammonia/ammonia free	7000/7500
Hair Color Application	2000
Highlights - above waist/below waist	6000/8000

Hair Care

Moroccan hair spa - above waist/below waist	5000/6000
Loreal hair spa - above/below shoulder	3000/3500
Head massage - 30 minutes - dry/oil	2000/2500

Bleaching

Face	1000
Arms - full/half	1500/1000
Legs - full/half	1500/1000
Front	1500
Back	1500
Full Body	3500

Waxing

Face	1000
Arms - full/half	1500/1200
Legs - full/half	1500/1200
Front	1200
Back	1200
Full Body	5000
Brazilian	2500
Bikini line	1500
Under Arms	750

Threading

Face	1000
Eye brows	500
Upper lips	500
Chin	500
Forehead	500



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Makeup

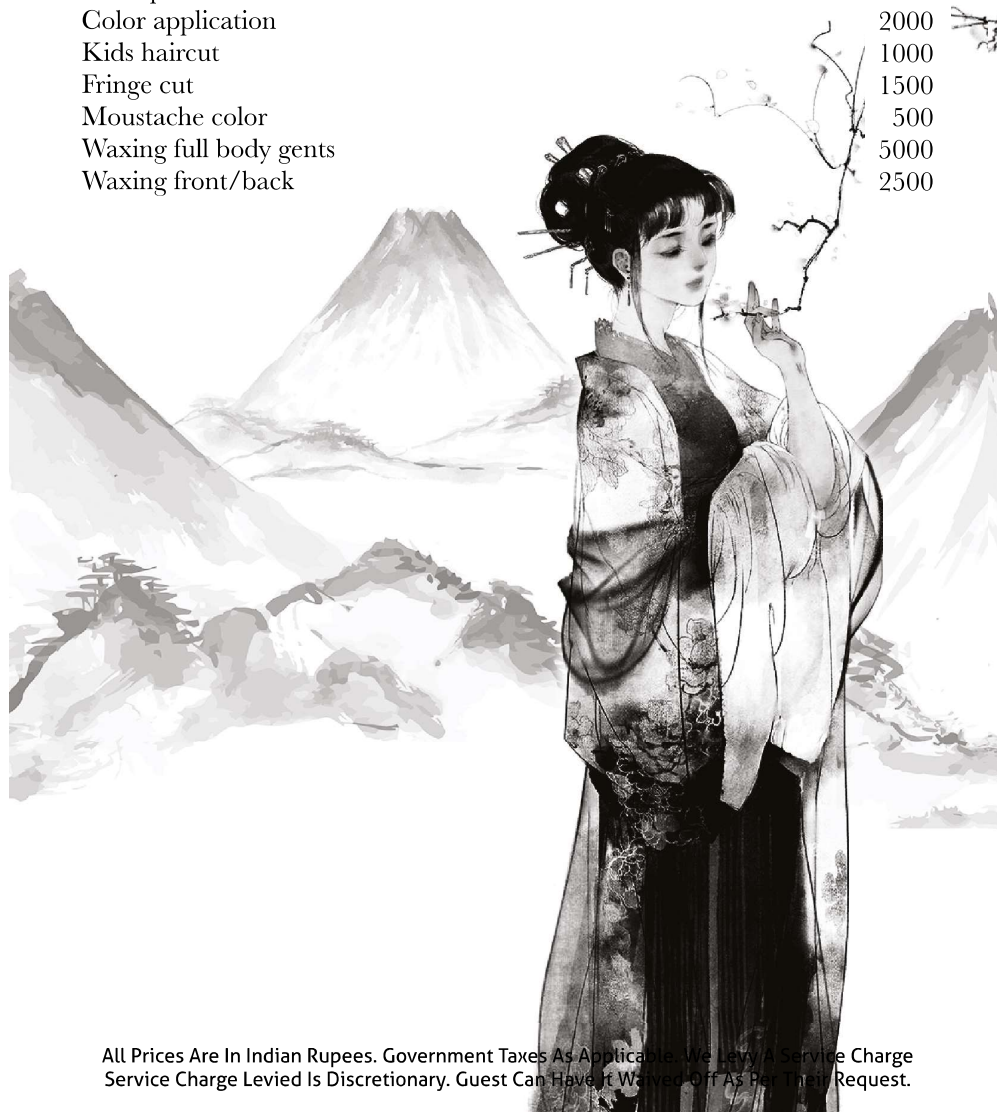
Day makeup	6000
Evening makeup	7000
Engagement makeup	10000
Bridal makeup	20000
Eye makeup	3500
Trial makeup (half face)	2000
Saree draping	1500
Light makeup	3500
Face massage	2000

Hands & Feet Care

Express manicure	2000
Express pedicure	2000
Luxury manicure	3000
Luxury pedicure	3000
Hand/foot massage - 30 minutes	2000/2000
Nail cut & filing - hands/feet	500/500
Nail polish change - hands/feet	500/500
Shellac removing	500

MEN STYLING

Hair cut	2000
Shave	1000
Beard trim	1000
Beard colour	1000
Hair colour - with ammonia/ammonia free	2000/2500
Hair shampoo	500
Hair spa - Moroccan/Loreal	3500/3000
Color application	2000
Kids haircut	1000
Fringe cut	1500
Moustache color	500
Waxing full body gents	5000
Waxing front/back	2500



HOW TO SPA AT CHI

Reservations

Advance booking prior to the intended treatment time is essential. Please call or visit Chi, The Spa should you wish to discuss your personalised treatments.

Minimum Age

To maintain a peaceful environment, children under 16 years of age are not permitted in Chi, The spa.

Cancellation

In consideration of other spa guests, as your treatment requires our facilities to be reserved, we request that a minimum of 4 hours notice is given if you are unable to keep your appointment. No shows or appointments cancelled within 4 hours will incur a 100% cancellation fee.

What to Wear

Spa robes and slippers are provided in your treatment room.

Privacy

Your privacy will be protected at all times. Your therapist will leave you to change in private and throughout the treatment, you will be draped in towels covering areas not being treated.

Preparing For Your Treatment

For ladies, no preparation is necessary. For men, we recommend shaving prior to facials for maximum comfort and benefit to the skin.

Arriving Time

To make the most of your spa experience, please arrive at least 10 minutes before your appointment. Upon your arrival at Chi, The Spa you will be given a health consultation. Please advise the therapist if you are pregnant or have any health issues.

Cell Phones and Devices

For the comfort of other spa guests, please ensure all electronic devices are switched off or silent mode upon entering Chi, The Spa.

To book your appointment, please contact: + 91 11 41191220



SHANGRI-LA
EROS
NEW DELHI

