



# 主厨秘制松花堂便当 CHEF'S SPECIAL **SHOKADO BENTO BOX**

RM280 @940

#### [开胃菜 AMUSE]

味噌虾仁烧茄子

Simmered Prawn, Eggplant with Miso Sauce

Herring Fish Rolled with Kombu Kelp

海苔虾肉炸藕饺

Deep-fried Lotus Root and Prawn Dumpling

#### [ 肉类 MEAT ]

孜然香煎牛柳

Pan-fried Wagyu Beef with Kohmi

黄瓜、番茄什锦沙拉

Mixed Salad, Cucumber and Tomato

#### [鱼类 FISH]

西京味噌烤银鳕鱼

Grilled Marinated Gindara with Saikyo Miso

日式蛋卷

Japanese Omelette

醋藕

Vinegared Lotus Root

#### [ 炖菜 SIMMERED DISH ]

白萝卜、蒟蒻、鸡蛋、鱼饼、胡萝卜 Daikon Radish, Kanjac Egg, Fish Cake, Carrot

#### [ 刺身 SASHIMI ]

刺身拼盘(金枪鱼、鲷鱼、三文鱼) Assorted Sashimi (Tuna, Sea Bream, Salmon)

#### [寿司SUSHI]

醋腌青花鱼/黄尾鱼

Assorted Sushi (Striped Jack, Prime Tuna Belly, Vinegared Mackerel, Yellowtail, Salmon Roe)

#### [ 蒸菜 STEAMED DISH ]

黑松露鲜虾蒸滑蛋

Steamed Egg Custard with Prawn, Truffle Sauce with Prawn and Mushroom

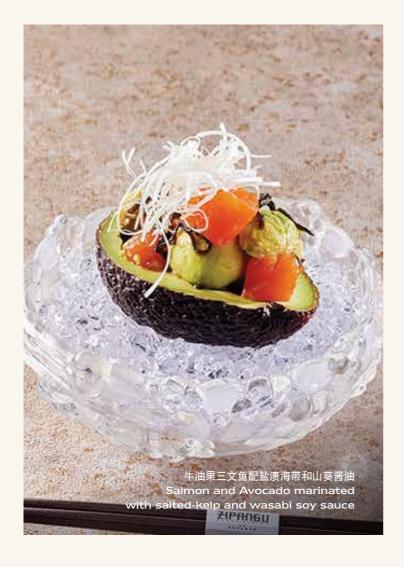
[ 赤味噌汤 RED MISO SOUP ]

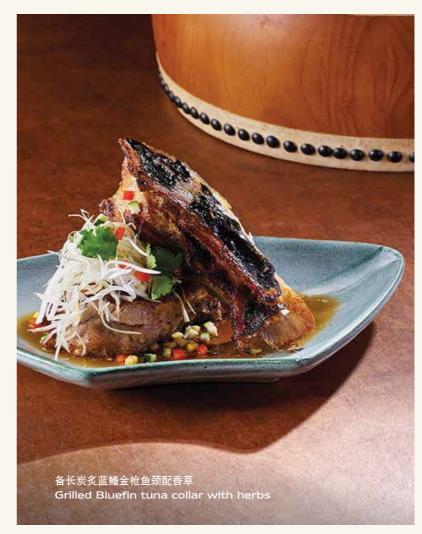
#### [ 甜品 DESSERT ]

日式最中冰淇淋

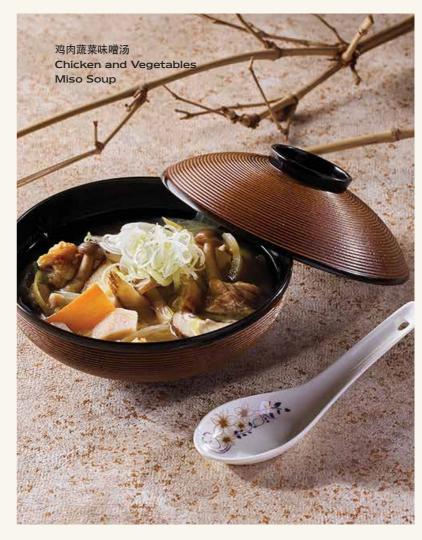
'Monaka' Sandwich Style Ice Cream





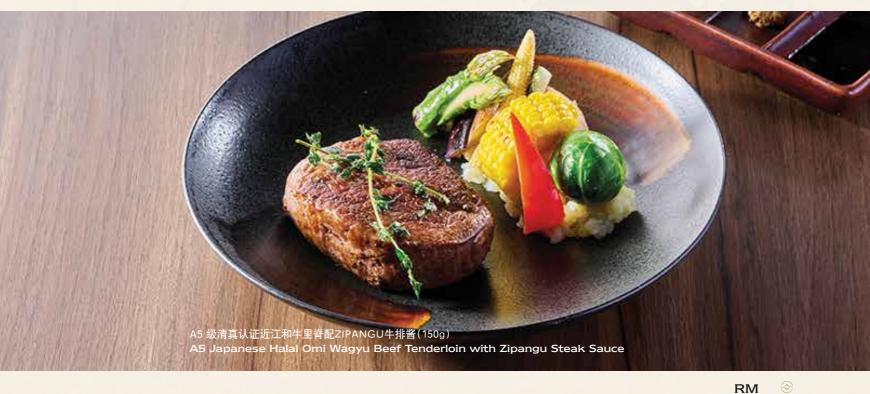






### 泷泽主厨拿手菜

# CHEF TAKIZAWA SIGNATURE DISH



	KIVI 🔍
A5 级清真认证近江和牛里脊配ZIPANGU牛排酱(150g) [NEW] A5 Japanese Halal Omi Wagyu Beef Tenderloin with Zipangu steak sauce (150g) [A] [B] [SO]	<b>560</b> 1850
牛油果三文鱼配盐渍海带和山葵酱油 [NEW] Salmon and Avocado Marinated with Salted-kelp and Wasabi Soy Sauce [F] [SO]	<b>60</b> 200
照烧银鳕鱼配白萝卜 [NEW] Black Cod Fish Teriyaki and Japanese White Radish [G][F][A][SO]	<b>165</b> 540
备长炭炙蓝鳍金枪鱼颈配香草 [NEW] Grilled Bluefin Tuna Collar with Herbs [F] [A] [SO]	<b>170</b> 530
鸡肉蔬菜味噌汤 [NEW] Chicken and Vegetables Miso Soup	<b>45</b> 150

[C] Celery [G] Gluten [D] Dairy [M] Mustard [N] Nuts

[S] Shellfish [E] Egg

[F] Fish [SO] Soya [A] Alcohol [SE] Sesame [B] Beef [V] Vegetarian: meat & fish free

#### [NEW] SEASONAL BENTO BOX 当季便当 **RM130 ⊗**430

刺身拼盘(3种)、海鲜寿司卷、厚蛋烧、香煎牛肉、炸鸡、黄油虾、盐烧鲭鱼、 毛豆、蔬菜可乐饼、日式蘑菇蒸蛋、生菜沙拉、大米饭、味噌汤和腌菜 Assorted Sashimi (3 kinds), Seafood Sushi Rolls, Atsuyaki Egg, Savory Grilled Beef, Deep-fried Chicken, Butter Shrimp, Salt Grilled Mackerel, Green Soybeans, Vegetable Croquette, Mushroom Chawanmushi, Green Salad, White Rice, Miso Soup and Pickles

[G] [F] [E] [A] [D] [M] [SE] [SO] [F] [B]



[C] Celery [D] Dairy

[G] Gluten [M] Mustard

[S] Shellfish [N] Nuts

[E] Egg

[F] Fish [SO] Soya [A] Alcohol [SE] Sesame [B] Beef [V] Vegetarian: meat & fish free

### 午餐便当套餐 **BENTO LUNCH SET**

#### THE ZIPANGU BENTO BOX 午餐便当套餐 **RM110 ⊗**360

海鲜寿司卷、厚蛋烧、炸鸡、黄油虾、盐烧鲭鱼、毛豆、蔬菜可乐饼、日式蘑菇蒸蛋、 生菜沙拉、大米饭、味噌汤和腌菜

Seafood Sushi Rolls, Atsuyaki Egg, Deep-fried Chicken, Butter Shrimp, Salt Grilled Mackerel, Green Soybeans, Vegetable Croquette, Mushroom Chawanmushi, Green Salad, White Rice, Miso Soup and Pickles

[G] [F] [E] [D] [M] [SE] [SO]



[C] Celery [G] Gluten

[S] Shellfish [M] Mustard [N] Nuts

[E] Egg

[F] Fish [SO] Soya [A] Alcohol [SE] Sesame [B] Beef [V] Vegetarian: meat & fish free







# 午餐套餐 LUNCH SET

Served with Appetizer, Mini Salad, Chawanmushi, Miso Soup and Rice 配开胃菜、迷你沙拉、日式蒸蛋、味噌汤和米饭

	RM	8
寿司拼盘(8件) Assorted Sushi (8 pieces) ⑤[S][F][E][M][SE][SO]⊀	110	37
刺身拼盘( 5种 ) Assorted Sashimi (5 kinds) ⑤[S][F][E][M][SE][SO]⊀	110	37
澳洲里脊牛排 Australian Beef Tenderloin Steak [G] [E] [A] [M] [SE] [SO] [B]	150	50
三文鱼铁板烧 Teppanyaki Salmon ⑸⑸⑸叭ા叭ા [sig [so] ⊀	89	30
什锦海鲜铁板烧 Teppanyaki Assorted Seafood [G] [S] [F] [B] [D] [M] [SE] [SO]	100	33
腌烤银鳕鱼 Grilled Marinated Black Cod 可选 Choice of: 盐烧 Salt [ဌ[ᇊ[ธ[ธ[ธ] / 西京烧 Saikyo Miso [ဌ[ᇊ[გ][ธ][ธ] / 照烧 Teriy	142 raki [G][F][E][SE][SO]	47
烤鲭鱼 Grilled Mackerel 可选 Choice of: 盐烧 Salt [G][F][SE][SO] / 照烧 Teriyaki [G][F][E][SE][SO]	86	29
香炒澳洲牛肉片 Stir-fried Australian Sliced Beef with Kohmi Sauce ⑸⑸⑸⑸⑻	99	33
鳗鱼饭 'Unaju' Grilled Eel on Rice ⑸⑸⑸叭⑸	140	470
散寿司 Bara Chirashi Sushi ⑸⑸⑸⑸⑸	135	450
ZIPANGU特色辣味日式鸡肉咖喱 Zipangu's Special Japanese-style Spicy Chicken Curry [G][D][SO]	75	25
其他咖喱配料 Curry Additional Topping:		
炸鸡排 Chicken Cutlet [G] [E]	35	12
炸牛里脊排 Beef Tenderloin Cutlet [5] [5] [6]	80	26
素食套餐 VEGETARIAN SET	90	30

豆腐裙带菜沙拉、当季时蔬杂烩、蔬菜天妇罗、黄瓜卷、豆腐蔬菜汤
Tofu and Wakame Seaweed Salad, Seasonal Vegetable Ratatouille,
Vegetable Tempura, Cucumber Roll, Tofu and Vegetable Soup
[G] [M] [SE] [SO]





### 晚餐套餐 **DINNER SET**

**RM** 

主厨怀石料理

From 688 2300

为您量身烹制的菜肴。如果您有任何需要我们注意的过敏原,请告知我们。需提前7天预订。

#### OMAKASE KAISEKI

A course curated specially for you. Please let us know if you have any allergies that we should be aware of. Reservation is required 7 days in advance.

奢享套餐 345 | | 40

开胃菜、热开胃菜菜、刺身(3种)、迷你天妇罗拼盘、主菜、寿司(3贯)、味噌汤、甜品 可选:

- 主菜: 里脊牛排、烤鱼或海鳗
- 甜品: 椰糖冰淇淋、自制红豆汤或冰淇淋最中饼

#### ZEITAKU ZANMAI SET

Appetizer, Hot Appetizer, Sashimi (3 kinds), Mini Assorted Tempura, Main Dish, Sushi (3 pieces), Miso Soup, Dessert Choice of:

- · Main Dish: Tenderloin Steak, Grilled Fish or Sea Eel
- · Dessert: Ice Cream Gula Melaka, Housemade 'Zenzai' Red Bean Soup or 'Monaka' Ice Cream Sandwich [G] [S] [F] [E] [A] [D] [M] [N] [SE] [SO] [B]

ZIPANGU套容

275 920

开胃菜、热开胃菜、意式生腌肉片、主菜、炒饭、味噌汤、冰淇淋甜品

- 主菜: 里脊牛排、烤鱼或海鳗
- 炒饭: 大蒜或海鲜
- 甜品: 香草、抹茶或芝麻冰淇淋

#### **ZIPANGU SET**

Appetizer, Hot Appetizer, Carpaccio, Main Dish, Fried Rice, Miso Soup, Ice Cream Dessert Choice of:

- · Main Dish: Tenderloin Steak, Grilled Fish or Sea Eel
- · Fried Rice: Garlic or Seafood
- · Dessert: Vanilla, Matcha or Black Sesame Ice Cream [G] [S] [F] [E] [A] [D] [M] [N] [SE] [SO] [B]





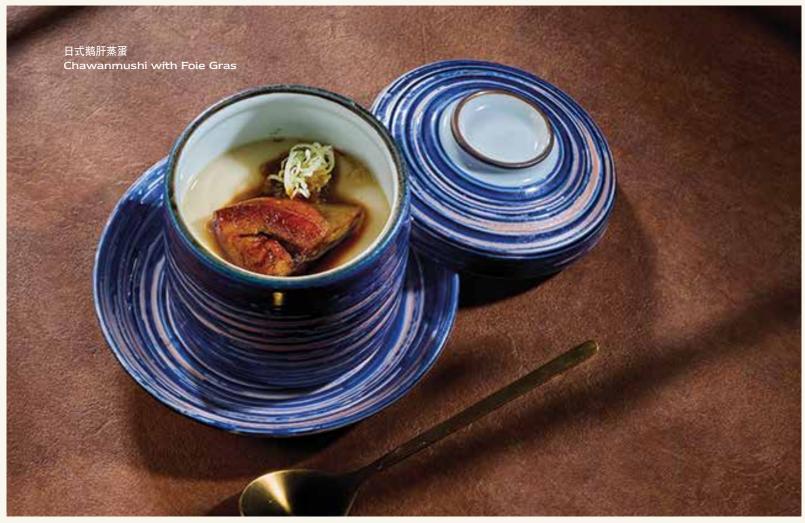
### 开胃菜 **APPETIZER**



		RM	€
	ZIPANGU日式开胃菜(5种) ZIPANGU Japanese Style Hors d'Oeuvre (5 kinds)	78	260
[NEW]	蟹棒牛油果沙拉 Crabstick and Avocado Salad [G] [E] [SO] [SE] [S]	65	220
	毛豆 'Edamame' Beans <sup>[SO]</sup>	30	100
	蒸鸡肉番茄沙拉 Steamed Chicken and Tomato Salad ⑸⑸⑸≶	67	220
	豆腐裙带菜沙拉 Tofu and Wakame Seaweed Salad [G] [E] [SE]	42	140
	当季时蔬杂烩 Seasonal Vegetable Ratatouille	47	160

[C] Celery[G] Gluten[S] Shellfish[E] Egg[F] Fish[SO] Soya[A] Alcohol[D] Dairy[M] Mustard[N] Nuts[SE] Sesame[B] Beef[V] Vegetarian: meat & fish free



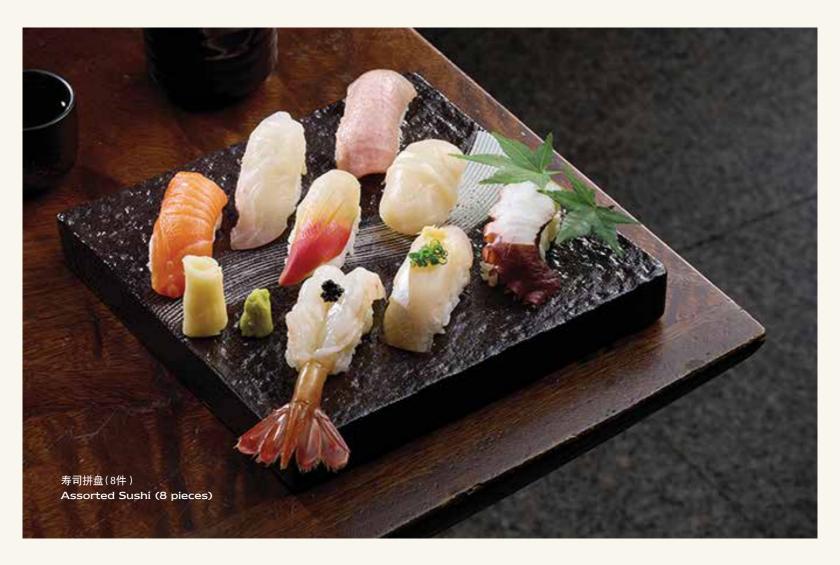


# 热开胃菜 **HOT APPETIZER**



	RM	<b>⊗</b>
日式高汤蛋卷 'Dashimaki' Omelette [E] [SO] 🛫	42	140
日式鳗鱼蛋卷 Japanese Omelette with Unagi Eel [5 [A] [SO]	68	230
日式鹅肝蒸蛋 Chawanmushi with Foie Gras	82	270
日式蒸蛋 Chawanmushi Fi Ei 🛫	28	90

	LIVI	$\sim$
火锅式关东煮 'Oden' Hot Pot Style 月月M	62	210
澳洲和牛寿喜烧锅 Australian Wagyu Beef 'Sukiyaki' Style Hot Pot A][SO][B]	198	660
味噌汤 Miso Soup	10	40





# 寿司 SUSHI

	RM	<b>⊗</b>
寿司拼盘(5件) β原例⊀ Assorted Sushi (5 pieces)	95	320
寿司拼盘(8件) ြ ⊩M- Assorted Sushi (8 pieces)	150	500
海鲜散寿司[S][F][E][M][SE]	195	650

Seafood Chirashizushi





	RM	<b></b>
握寿司(1件) NIGIRI SUSHI (1piece)		
优质金枪鱼腩 [F] M 'Toro' Prime Tuna Belly	68	230
金枪鱼赤身 Բ™ Prime Tuna	28	100
三文鱼 ৷『M≰ Salmon	23	80
三文鱼腩鰤鱼 দ M ≰ 'Harasu' Salmon Belly	29	100
黄尾鱼 [F [M] Yellowtail	25	80
鲷鱼 [F [M] Sea Bream	31	100
大竹筴鱼 ြM Striped Jack	39	130
扇贝[S][M] Scallop	28	90
北极贝邬M 'Hokkigai' Sakhain Surf C	30 Ilam	100
章鱼 [S][M] Octopus	25	80
鱿鱼 [S] [M] Squid	25	80
牡丹虾⑸м 'Botan' Shrimp	58	200
海胆ßM 'Uni' Sea Urchin	108	360
三文鱼籽 [so] [M] ✔ Salmon Roe	32	110
鳗鱼 [SO] [M] <b>'Unagi' Eel</b>	40	130
鸡蛋 🗓 🛫 Egg	16	50

[C] Celery [G] Gluten [D] Dairy [M] Mustard

[S] Shellfish [E] Egg [F] Fish [SO] Soya [A] Alcohol [N] Nuts [SE] Sesame [B] Beef [V] Vegetarian: meat & fish free





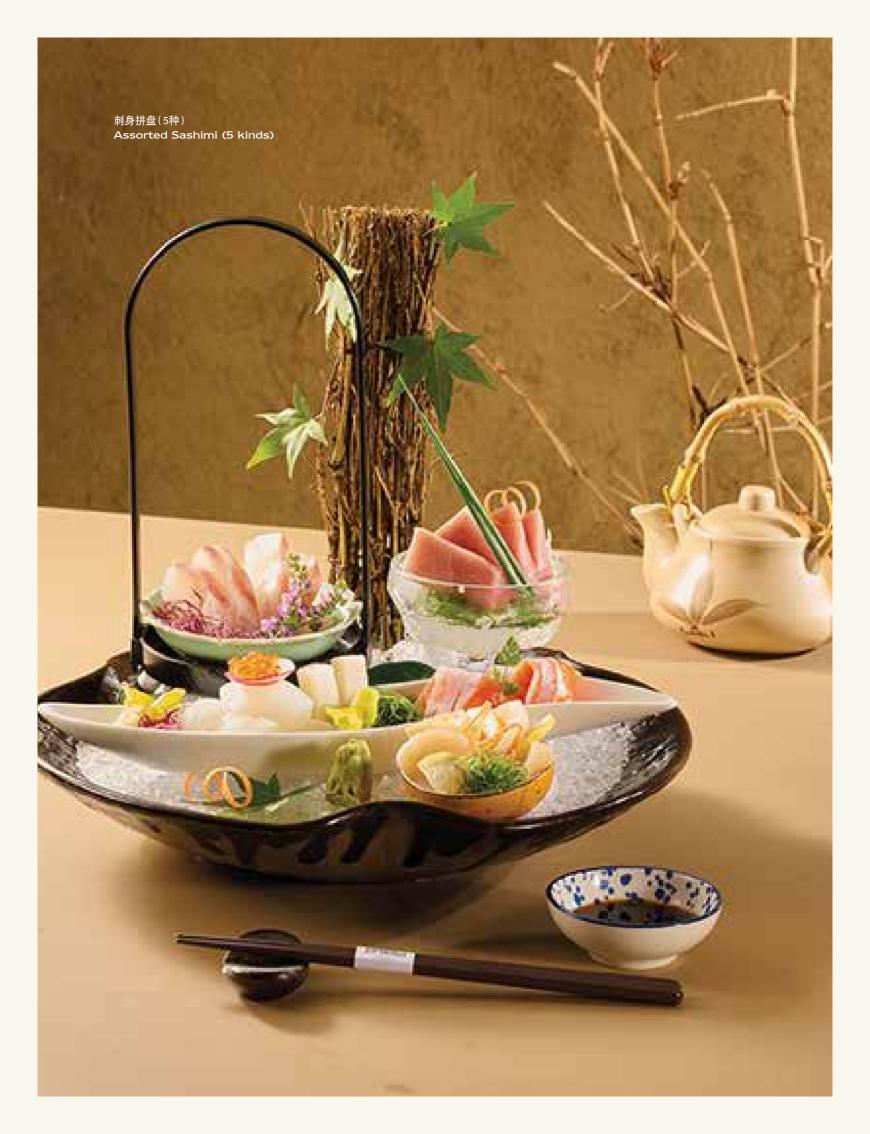


# 寿司卷 SUSHI ROLL

	手卷寿司 HAND ROLL	RM	<b>⊗</b>
	加洲手卷 California Hand Roll [F] [E] [SE] [SO] [M]	28	90
[NEW]	烤三文鱼手卷 Seared Salmon Hand Roll [F][E][SE][SO][M]	32	110
	软壳蟹手卷 Soft Shell Crab Hand Roll [「[[[[SE][SO][M]	30	100



		RM	€
	火龙卷 Dragon Roll [G][E][SO][M] ☑	72	240
[NEW]	辣味三文鱼奢享卷 Spicy Salmon Zanmai Roll [5][5][M]	72	240
	软壳蟹卷 Soft Shell Crab Roll [F][[SO][M]	55	190
	鳗鱼卷 Unagi Eel Roll [F] [E] [A] [SE] [SO] [M]	74	250
	加州卷 California Roll [F] [[ [SE] [SO] [M]	52	170
	东京卷 Tokyo Roll [F[M]	76	250
	香葱金枪鱼腩卷 Green Onion Tuna Belly Rol [F][M]	76 I	250
	金枪鱼卷 Tuna Roll [F][M]	42	140
	黄瓜卷 Cucumber Roll [SE] [M] ≰	20	70
	牛油果卷 Avocado Roll ⑸⑸Ϻ⊀	22	80



# <sub>刺身</sub> SASHIMI



	RM	<b>\$</b>		RM	<b>⊗</b>
刺身拼盘(3种)厕м <u>√</u> Assorted Sashimi (3 kind	172 ds)	580	大竹筴鱼 癜 ₪ Striped Jack	145	480
刺身拼盘(5种)⊩∭≝ Assorted Sashimi (5 kind	268 ds)	870	扇贝 [F][M] Scallop	90	300
优质金枪鱼腩 [F]M 'Toro' Prime Tuna Belly	310	1030	北极贝厄网 'Hokkigai' Sakhain Surf (	90 Clam	300
金枪鱼 [F] [M] Prime Tuna	135	450	章鱼 [S] [M] Octopus	87	290
三文鱼 দ∭ <b>乎</b> Salmon	70	230	鱿鱼 [S] [M] Squid	88	300
三文鱼腩 [[[M]]] 'Harasu' Salmon Belly	85	280	牡丹虾⑸⋈◢ 'Botan' Shrimp (1 piece)	45	150
黄尾鱼 [F [M] Yellowtail	98	330	海胆區M 'Uni' Sea Urchin	220	730
鲷鱼 [F [M] Sea Bream	115	380	三文鱼籽 [so] <b>₹</b> Salmon Roe	118	390
[C] Celery [G] Gluten [S] Shellfish [D] Dairy [M] Mustard [N] Nuts	[E] Egg [SE] Sesa	[F] Fis	o)] Soya [A] Alcohol	GRI+LA ( NTS REDEN	

Rooted in Nature; Our produce and cuisine is Rooted in Nature, featuring sustainable and ethically-sourced ingredients. Please advise your server if you have any allergies. Prices include 10% service charge and 6% government tax (SST).





# 铁板烧 **TEPPANYAKI**

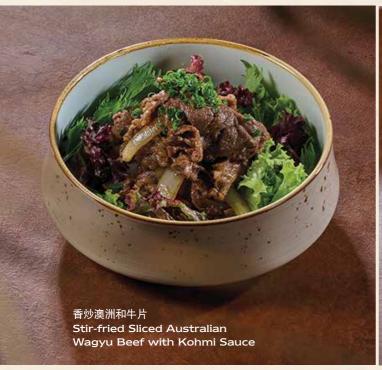




		RM	⊗
	澳洲和牛肋眼牛排配ZIPANGU 牛排酱(150g)	270	900
[NEW]	Australian Wagyu Ribeye Zipangu Steak Sauce (15		
	澳洲牛里脊配ZIPANGU牛排酱 (150g)	175	580
	Australian Beef Tenderloi		h
	Zipangu Steak Sauce (15 [A] [B] [SO] <a href="#">Y</a>	0g)	
	### * 中 ( a.th )	02	210
	帯骨羊肉(2块) Bone-in Lamb (2 pieces) [A] [B] [SO] ✓	92	310
	银鳕鱼配白味噌	148	490
[NEW]	Black Cod with White Mis	so Sa	uce
	澳洲鲍鱼配鲍鱼汁	135	450
	Australian Abalone with Abalone Sauce		
	虎虾(2只)	98	330
	Tiger Prawn (2 pieces) [S][D][SO]		

Brocc	coil Sauteed with Garlic		
		RM	<b>⊗</b>
	三文鱼	94	310
	<b>Salmon</b> [F] [D] [SO] <b>₹</b>		
	蒜蓉黄油扇贝	68	220
[NEW]	Scallop with Garlic Butter [S] [D] [SO]		
	照烧鹅肝	180	600
	Foie Gras Teriyaki		
	照烧鸡肉 Chicken Teriyaki	98	330
	[A] [SO] <b>2</b>		
	什锦海鲜	115	380
	Assorted Seafood [F] [D] [SO]		
	什锦蘑菇	46	150
	Assorted Mushroom [SO]		
	什锦蔬菜	32	110
	Assorted Vegetable		
	蒜蓉炒西兰花		130
[NEW]	Broccoli Sauteed with Gar	lic	

### 烧烤 GRILLED DISH



Choice of: Teriyaki [A] F [SO] / Salt F /



	RM	€
香炒澳洲和牛片 Stir-fried Sliced Australian Wagyu Beef with Kohmi Sauce [A] [SE] [SO] 🛫	189	630
自制味噌银鳕鱼西京烧 Grilled Marinated Black Cod with Housemade Saikyo Miso Paste	155	520
蒲烧鳗鱼 Grilled Unagi Eel in Kabayaki Sauce [A][SO]	125	420
烤鲭鱼 Grilled Mackerel 可选: 照烧/盐烧 Choice of: Teriyaki [의미[50] / Salt [1]	93	310
烤三文鱼 Grilled Salmon 可选: 照烧/盐烧	97	320

[C] Celery [G] Gluten [S] Shellfish [E] Egg [F] Fish [SO] Soya [A] Alcohol SHANGRI-LA CIRCLE
[D] Dairy [M] Mustard [N] Nuts [SE] Sesame [B] Beef [V] Vegetarian: meat & fish free

# **DEEP-FRIED DISH • TEMPURA**





	RM	€
香脆炸鸡 Crispy Chicken Karaage <sup>[SO][G]</sup> ✓	48	160
高汤炸茄子和炸豆腐 Deep-fried Eggplant and Tofu in Dashi Broth [G] [SE] [SO]	52	170
天妇罗拼盘 (大虾、鱼、蔬菜) Assorted Tempura (Prawn, Fish, Vegetable) [G] [F] [SO]	82	280
蔬菜天妇罗拼盘 Assorted Vegetable Tempura [G] [SO]	42	140
大虾天妇罗(5只) Prawn Tempura (5 pieces) [G] [SO] [S] 🛫	58	190
虎虾天妇罗 Tiger Prawn Tempura [G] [SO] ≰	98	330





# 米饭和面食 RICE & NOODLE





	RM	<b>\$</b>
乌冬面或荞麦面(热或冷) Udon or Soba (Hot or Cold) [G][SO]	40	140
稻庭乌冬面(热或冷) EWJ Inaniwa Udon (Hot or Cold) [G][SO]	42	140
其他配料: Additional topping:		
迷你天妇罗[G][S]  Mini Tempura	35	120
迷你香炒澳洲牛肉片[A][SO][B] ✔ Mini Stir-fried Australian Sliced Beef with Kohmi Sauce	80	270
锅烧乌冬面 'Nabeyaki' Udon Hot Pot Style [G] [F] [E] [SO]	82	270
· · · · · · · · · · · · · · · · · · ·	142	470
'Unaju' Grilled Eel on Rice		170
特调酱汁什锦天妇罗盖饭 'Tenju' Assorted Tempura on Rice with Special Sauce [A][G][SO]	88	290
蒜香炒饭 Garlic Fried Rice [SO]	25	90

# 素食 **VEGETARIAN**







	F	RM	€
	当季时蔬杂烩 Seasonal Vegetable Ratatouille	46 e	150
[NEW]	蒜蓉炒西兰花 Broccoli Sauteed with Garli	40 c	130
	毛豆 'Edamame' Beans <sup>[SO]</sup>	30	100
	豆腐裙带菜沙拉 Tofu and Wakame Seaweed Salad	39	130
	黄瓜卷 Cucumber Roll ⑸ [M] ≰	23	80
	牛油果卷 Avocado Roll [E] [SO]	26	90
	蔬菜天妇罗拼盘 Assorted Vegetable Tempul [G][SO]⊀	42 ra	140

	RM	8
杂菇铁板烧 Teppanyaki Assorted Mu ⑸᠃	46 shroo	
什锦蔬菜铁板烧 Teppanyaki Assorted Veg ⑸☑髦	32 getabl	
蒜香炒饭 Garlic Fried Rice <sup>[SO]</sup>	25	9
蔬菜炒饭 Vegetable Fried Rice <sup>[SO]</sup>	25	9
自制时蔬腌菜(3种) Housemade Seasonal Pic (3 kinds) [SO]	32 kles	11
纳豆 'Natto' Beans <sup>[SO]</sup>	26	9
豆腐蔬菜汤 Tofu and Vegetable Soup	32	11

# 儿童菜单 CHILDREN'S MENU







[NEW]	炸虾饼 Prawn Cutlet [G] [F] [E] [S]	RM 35	
[NEW]	鸡肉丸 Chicken Meatballs [G][E]	25	80
	日式高汤蛋卷 "Dashimaki" Omelette [5][50]	42	140
	香脆炸鸡 Crispy Chicken Karaage [G][SO] 🛂	29	100
	日式蒸蛋 Chawanmushi [F[[SO]≰	28	90
	飞鱼寿司卷 Flying Fish Sushi Roll [SO]	22	70

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		RM	€
	迷你乌冬面(热)	26	90
	Mini Udon (Hot)		
	[G] [SO]		
	黄瓜卷	22	70
	Cucumber Roll		
	[SE] [M] <b>⊀</b>		
	牛油果卷	26	90
	Avocado Roll		
	[E] [SO] <b>₹</b>		
	蛋卷	22	70
	Omelette Roll		
	[E] [SO] <b>₹</b>		
	儿童便当	80	270
	炸虾饼、炸鸡、鸡肉丸、土豆沙拉、鸡蛋煮	司	
	可选: 迷你乌冬面或日式茄味鸡肉饭配味		
	JUNIOR BENTO		
EW]	Prawn Cutlet, Chicken Karaage, Cl	hicke	en

Meatballs, Potato Salad, Egg Sushi Choice of Mini Udon or Japanese Ketchup flavor Chicken Rice with Miso Soup

[G] [F] [E] [D] [SO] [S]

[C] Celery [G] Gluten [S] Shellfish [E] Egg [F] Fish [SO] Soya [A] Alcohol [D] Dairy [M] Mustard [N] Nuts [SE] Sesame [B] Beef [V] Vegetarian: meat & fish free

# DESSERT

RM @

30 100

28 90

30 100

28 90

28 90





椰糖香草冰淇淋 Vanilla Ice Cream with Gula Melaka

[D] [N]

自制汤圆哉红豆汤(热或冷) Housemade 'Zenzai' Red Bean Soup with Rice Flour Dumpling (Hot or Cold)

冰淇淋最中饼

可选: 香草、抹茶、黑芝麻 'Monaka' Sandwich Style Ice Cream

Choice of: Vanilla, Matcha, Black Sesam

[E] [D] [N] [SE]

抹茶白玉团子馅蜜 Matcha Mochi 'Anmitsu'

[E] [D] [N]

自制日式蕨饼

Housemade Japanese 'Warabi' Bracken Starch Cake

三色日式麻薯

30 100

3 Colors Sweet Japanese [NEW] Mochi Cake

[G] [E] [D] [N] [SE]

冰淇淋

**27** 90

可选: 香草、抹茶、黑芝麻

Ice Cream

Choice of: Vanilla, Matcha,

Black Sesame

[E] [D] [N] [SE]

柚子雪芭

28 90

Yuzu Sorbet [NEW]

[C] Celery [G] Gluten [M] Mustard [S] Shellfish [N] Nuts

[E] Egg [SE] Sesame [B] Beef [V] Vegetarian: meat & fish free

[F] Fish [SO] Soya [A] Alcohol