

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	星期一	星期二	星期三	星期四	星期五	星期六	星期日
Breakfast 早餐	Chicken Franks, Ham, Scrambled Eggs, Grilled Tomato, Soft Roll 雞肉腸,火腿,炒蛋,烤蕃茄,餐包  Scrambled Eggs, Baked Beans, Baked Potato Diced, Cherry Tomato, Soft Roll 炒蛋,茄汁焗豆,焗薯粒,車厘茄,餐包	Noodle with XO sauce, Fish balls, Siu Mai XO 醬撈公仔麵拼咖喱魚蛋,燒賣Tomato Cheese Sandwich, Green Salad 蕃茄芝士三文治配雜菜沙律	Grilled Chicken Steak, Chicken Franks, Grilled Tomato, Baked Beans, Soft Roll 燒雞扒,雞肉腸,炸蕃茄,茄汁焗豆,餐包 Corn Congee, Stir-fried veggie Noodle 粟米粥拼素三絲炒麵	Sampan Beef Minced Congee, Stir-fired Noodle with Soy Sauce 荔灣碎牛粥拼豉油皇炒麵 Veggie Patties, Grilled Tomato, Baked Potato Diced, Waffle, Soft Roll 素漢堡扒,烤蕃茄,焗薯 粒,窩夫,餐包	Hong Kong Satay Beef with Soup Noodle 港式沙嗲牛肉湯麵 Pancake with Compote Strawberry and Syrup, Hard Boiled Egg, Soft Roll 士多啤梨醬班戟配焓蛋,餐 包	Pickled Vegetable and Shredded Pork with Rice Noodle in Soup 雪菜肉絲湯米粉 Pumpkin Congee, Stir-fried Veggie Rice Noodle 南瓜粥拼素三絲炒米	Cutlet Fish Fillet, Scrambled Eggs, Veggie Mixed, Cherry Tomato, Soft Roll 吉列魚柳,炒蛋,炒雜菜,車厘茄,餐包 Chocolate Waffle with Syrup & Hard Boiled Egg 朱古力醬窩夫,焓蛋
Lunch 午餐	Classic Red Wine Braised Beef Bourguignon with Penne 經典紅酒燴牛肉粒長通粉 Mushroom and Broccoli in Mornay Sauce with Penne 芝士白汁蘑菇西蘭花長通粉	Stir-fried Beef and Green Chili Peppers With Fermented Black Beans 豉椒牛肉飯 Fried Rice with vegetarian pork minced and sweet corns 素肉碎粟米炒飯	HK Marinated Chicken Wings, Red Sausage and Salted Egg with Rice 港式滷水雞翼紅腸鹹蛋飯 Vegetable in Mushroom Sauce with Spaghetti 白菌汁雜菜意粉	Beef Goulash with Penne 匈牙利燴牛肉長通粉 Stir-fried Tomato and Egg with Rice 鮮茄炒蛋飯	Japanese Curry Pork Chop with Rice 日式咖喱豬扒飯 Baked Spaghetti with Tomato and Mixed Mushroom 焗鮮茄雜菌意粉	HK Style Steak with Spaghetti 港式雜扒意大利粉 Curry Potato and Okra with Rice 咖喱薯仔秋葵飯	Portuguese Coconut Curry Chicken with Rice 葡國雞皇飯 Sautéed Spring Beans and Olive with Rice 欖菜四季豆飯
Dinner 晚餐	Braised Pork Ribs with Hairy Gourd, Vegetables with Rice 節瓜炆排骨,配菜,飯 Marinated Vegetarian Duck Roll, Vegetables with Rice 滷水素鴨卷,配菜,飯	Pork Chop with Black Pepper Sauce, Vegetables with Rice 黑椒汁豬扒,配菜,飯 King Oyster Mushroom with Teriyaki Sauce, Vegetables with Rice 燒汁雞牌菇,配菜,飯	Steamed Pork Ribs with Black Beans & Garlic, Vegetables with Rice 豆椒蒜蒸排骨,配菜,飯 Fried Vegetarian Chicken with Black Bean Sauce, Vegetables with Rice 豉椒炒素雞,配菜,飯	Fish Fillets with Sweet Corn and egg Sauce, Vegetables with Rice 滑蛋粟米魚,配菜,飯 Braised Mushrooms & Gluten Balls, Vegetable with Rice 冬菇炆麵筋,配菜,飯	Roast Spare Ribs, Vegetables with Rice 燒排骨,配菜,飯 Vegetable Curry, Vegetables with Rice 菜咖哩,配菜,飯	Chicken Leg in Soy Sauce , Vegetables with Rice 豉油壬雞辨 ,配菜,飯 Sweet and Sour Vegetarian Pork, Vegetables with Rice 素咕噜肉,配菜,飯	Deep Fried Pork Chop with Tonkatsu Sauce, Vegetables with Rice 吉列豬扒配豬扒汁,配菜, 飯 Marinated Vegetarian Duck Roll, Vegetables with Rice 素鹵水鴨卷,配菜,飯

<sup>\*</sup>Menu items are subject to change.