

Your Wedding Countdown by Shangri-La

6 12	months	hoforo	

6-	12 months before				
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	wedding				
	Gather wedding information for planning and budgeting				
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	Initial stage of planning on wedding decoration and theme				
	Confirm bridal photography studio, bridal gown and car rental services				
	Begin regular facial and hair treatments				
	Treat yourself at health club of Shangri-La, Fuzhou. Offer the personalization features				
	by our senior therapist: facial Moisturizing treatment of and Oxygen calming treatment				
	Pre-Marital health examination				
4 1	months before				
	Understand the local culture and custom in weddings				
	Purchase wedding rings and jewelries				
	Plan in advance for finance management and family planning				
	Purchase furniture and home appliances for new home				
	Wedding photography				
	Confirm best man and bride's maid				
	Plan for honeymoon				
	Facial treatment for the bride				
	Fitness treatment				
	[For invigoration, join health club of Shangri-La, Fuzhou, with customize a set				
	Detoxifying \$ Anti-Cellulite body treatment, you will show your perfect feature on your				
	auspicious day 1				
	auspicious day 2				
_					
2 1	months before				
	Fix appointment with hair stylist to choose the hair styles for wedding day				
	Confirm bridal hair style and make-up				
	Order wedding invitation cards				
	Complete wedding photography				
	Confirm bridal gown and suits, choose gowns for mothers and suits for fathers				
	Plan wedding coordinator's duties and responsibilities on the wedding day				
	Select helpers at reception. (Helpers need to know both parties' guests)				
	Confirm a Master-of-Ceremony				
	Detailed planning of wedding programme				



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6 v	weeks before
	Select and invite the witnesses for wedding signing ceremony
	Reserve bridal car and parking space
	Apply for marriage leave
	Bridal gowns and suits trial
	Confirm honeymoon destination and itinerary
4 v	weeks before
	Confirm wedding details
	Send out invitation cards
	Confirm helpers name list and duty roster
	Purchase wedding goodies and beverages for wedding reception
	Ensure all daily necessities for new home are in order
	Purchase honeymoon necessity
	Choose menu for food tasting
	To ensure the quality of our wedding banquet menus, our Chef will adjust the menu
	based on feedback receiving from the couple and family members.
	Groom to make appointment for facial treatment
	Please consider the special packages for groom at Health Club of Shangri-La Hotel,
	Fuzhou: Collagen lifting treatment
	ruznou: Conagen mung treatment
2 \	weeks before
	Confirm wedding details, hairstylist, makeup artist and photographer
	One more appointment for facial treatment
	Visit the hair salon
1 v	week before
	Confirm guest list
	Confirm final wedding details
	Final confirmation of set-up time, guest list, wedding procedure, wedding poster
	of electric photo, DVD in wedding, etc
	Confirm the schedule on wedding rundown with all helpers
	Go for manicure, pedicure & beauty treatment



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1 day before □ Confirm appointment with makeup artist & hairstylist

- □ Confirm all the accessories, silk stockings, shoes and etc
 □ Prepare ID card if checking in to the hotel
- ☐ Ensure sufficient rest and avoid drinking too much water before bed
- □ Go for a massage

【Health Club of Shangri-La Hotel, Fuzhou. The senior therapists will choose the right essence oil especially for you; their skillful massage technique will make you feel extremely relax and comfortable.】

Day of the Wedding

Have	a hearty	breakfast

- □ Invite good friends to bride's home to pick up the bride
- □ Dress up
- ☐ Wedding planning company to do set up
- □ Send all beverages and goodies to hotel for wedding reception
- □ Wedding rehearsal
- ☐ Ensure someone assist to look after the valuables
- ☐ Maintain the high spirit and enjoy the once in a lifetime experience

Kind Reminders from Wedding Specialist:

- * Bridal couple to pay attention to their health and diet:
 - ✓ Avoid spicy food and strong taste food
 - ✓ Light and nutritious food are highly recommended
 - ✓ Try not to have strenuous exercise, keep a relaxed mind which will relieve all stress and pressure
- * Recommend the bride to wear a medium height shoes instead of an extreme high heels as the bride will be standing for all day long. (Suggest white, silver, gold or light color for easy matching)
- Suggest the groom to have two suits, formal attire and regular suit. (Or have one traditional costume based on nationality)
- Standby empty Hong Bao at reception table for guests
- * Massage your eyes before going to bed to avoid the dark circle
- Drinking some milk will help to quality of sleep