النادي الصحي في شانغريلا HEALTH CLUB AT SHANGRI-LA



MEMBERSHIPS

BENEFITS	SINGLE/COUPLE 1 MONTH MEMBERSHIP, AED 750/1450	SINGLE/COUPLE 3 MONTHS MEMBERSHIP – AED 2100/3100
• Pool	Unlimited pool access	• Unlimited pool access. 3 x complimentary guest day pass
Food and beverage	Golden Circle enrolment (25% off dining at hotel's outlets)	• N/A
• Fitness	Complimentary fitness assessment and PT trial session	• N/A
 Group classes 	• 15% off group classes	• 15% off group classes
• Wellness	 20% off spa services excluding promotions 	20% off spa services excluding promotions
• Valet	Complimentary valet parking	Complimentary valet parking
BENEFITS	SINGLE/COUPLE 6 MONTHS MEMBERSHIP, AED 3950/6000	SINGLE/COUPLE 1 YEAR MEMBERSHIP AED 5950/8900
• Day pass		
	MEMBERSHIP, AED 3950/6000	AED 5950/8900
• Day pass	MEMBERSHIP, AED 3950/6000 • 6 x complimentary guest day pass	AED 5950/8900 • 12 x complimentary guest day pass
Day passPool	MEMBERSHIP, AED 3950/60006 x complimentary guest day passUnlimited pool access	AED 5950/890012 x complimentary guest day passUnlimited pool access
 Day pass Pool Food & beverage	 MEMBERSHIP, AED 3950/6000 6 x complimentary guest day pass Unlimited pool access Golden circle enrolment (25% off dining at hotel's outlets) 	 AED 5950/8900 12 x complimentary guest day pass Unlimited pool access Golden Circle enrolment (25% off dining at hotel's outlets)
 Day pass Pool Food & beverage Fitness 	 MEMBERSHIP, AED 3950/6000 6 x complimentary guest day pass Unlimited pool access Golden circle enrolment (25% off dining at hotel's outlets) Complimentary fitness assessment and PT trial session 	 AED 5950/8900 12 x complimentary guest day pass Unlimited pool access Golden Circle enrolment (25% off dining at hotel's outlets) Complimentary fitness assessment and PT trial session

DAY ACCESS

AED 120
AED 150
AED 70
60 min / AED 80
60 min / AED 80

- All memberships include the usage of the steam, sauna, plunge pools and whirlpool
- Please enquire at the reception desk for student membership rates
- Children under 17 years of age are not permitted in the gym and must be accompanied by a responsible adult
- Prices are subject to change without prior notice and are inclusive of Municipality fee

For enquiries or reservation, please call 04 405 2441 or email spa.sldb@shangri-la.com