

SUNGLASSES AT WORK

— | *Meet BY Design* | —



GOLDEN SANDS RESORT, PENANG



*WE BEGIN
BY MEETING
IN TROPICAL
PARADISE.*

At the Golden Sands Resort, Penang, we pick the most positive aspects from Life to offer you motivating meeting and venue solutions that transcend the usual humdrum of such corporate events.

In Life, we *Live*, we *LOVE*, we *LAUGH*

Live is about group activities that promote WELLNESS. Inspire your team to live Life with vigour and zest, to indulge the senses in pleasurable experiences while maintaining a healthy state of mind and body.

LOVE is about Corporate Social Responsibility (CSR) activities. The world at large can always do with more acts of love. Step up as a team and make an impact with engaging activities that will benefit the wellbeing of children from less fortunate backgrounds.

LAUGH is about FUN activities. Nothing helps you reap beneficial results better than the lure of business with pleasure. Strengthen the dynamic relationship of your team with competitive activities that offer loads of fun and laughter.

Live Life, Love Forever, Laugh Lots.

live

verb /lɪvd/

: to be alive

: to exist in a specified way

: to continue or last

: to enjoy life to the full

MEETING BREAK ACTIVITIES NOT-AS-USUAL



UNWIND

Refresh your senses with a 15-minute head and shoulder massage during tea break for a “new” you. Indulge in group wellness activities such as yoga and tai chi amidst the garden greens or overlooking the beach. Follow up this yoga or tai chi session with a healthy morning breakfast.



SUNSET GRILL

Sit back, relax and enjoy the beautiful sunset while our chefs prepare a special grill dinner, where the selection of meats and seafood are marinated using our very own home-grown herbs and spices.

SENSORY EXPERIENCE FOR A FRESH PERSPECTIVE

ZUMBA!

A healthy lifestyle and vigour are essential to sustain excellent productivity and positive outlook at work. Join us to Zumba – dance away the stress and keep fit with this energizing activity.



EXPERIENCE IT POWER UP

Reduce CO2 emission by using our pedal-powered smoothie blender, that does little to harm the environment. Exercise and energise as well while pedalling and concocting your very own fresh juice booster from a variety of fruits and vegetables.

Love

noun /luhv/

: to have a great affection for

: to enjoy very much

: to feel passion for

: wholehearted liking for something

: beloved person

CONSERVE FOR A BETTER WORLD



SAVE OUR SEAFOOD (SOS)

Choosing ocean-friendly seafood is one way to help sustain our oceans' resources for generations to come. Let our Chef prepare sumptuous ocean-friendly seafood dishes in speciality SOS menu for teabreak, lunch or dinner.



CRAFT TIME

Recycling is one way to show your love for our planet. Make your own souvenir using a variety of recycled materials that you can proudly bring home and display. Create more awareness and instill a conscious attitude to lead a more sustainable and environmentally-friendly lifestyle.

KNOWING & LOVING OUR NATURAL WORLD

ECO HUNT

Race through the resort gardens and beachfront for a thrilling and educational Treasure Hunt. Get to know Mother Nature by answering eco-related questions and earn points by engaging in green activities. Bring back tips on making the world a greener and better place.



EXPERIENCE IT LOVE THE BEACH

Let's pledge to keep the sea and beach trash-free, sustaining nature's splendour for our future generations. Join our beach clean-up activity and make a difference.

LAUGH

verb /laf, lahf/

: to express merriment, amusement with an audible, inarticulate sound and is usually accompanied by characteristic facial and bodily movements.

COMPETITIVE AND ENGAGING



F1 (FUN ONE)

After a full day of engagement, enjoy the sun and sea by ending the meeting with a Segway team race.

Follow up this fun whizz around the track with a healthy and refreshing snack session.



ENERGIZER SLIDES

Take a coffee break at the Adventure Zone and get a shot of adrenaline on the go when you take on the Demon Slide 24 feet vertical drop challenge.

HIGH ON THE FUN FACTOR



SMELL WORKS

Select fresh ingredients by using only your sense of smell. Use your creativity and ingenuity to produce the tastiest sandwich and gain knowledge of your colleague's preference.



LOCAL CULTURAL NIGHT

Dress up in traditional Malay attire. Experience how the gentlemen wear the 'sarong' and don the 'songkok' while ladies step into sleek 'sarong batik' and 'selendang'. Capture these fun filled moments, whilst savouring Penang's renowned hawker delights.



EXPERIENCE IT SHARE YOUR LOVE

Crystal Family Home houses 24 children from abused and neglected families. Play a game of futsal with the active boys, engage with the younger ones through handicraft art creations. Help make a difference to the children's lives by being a part of it.

The Eco App-venture Experience

Created in partnership with creative event specialists Asia Ability, these unique team-building events blend the latest tech gadgetry with back-to-nature activities as teams armed with tablets follow the tailor-made app to explore and discover the many CSR initiatives to be found all over the resort to complete compelling tasks in highly competitive situations.

FOR MORE DETAILS, CONTACT OUR EVENT SPECIALIST

AT (604) 886 1911

OR EMAIL: EVENTS.GSH@SHANGRI-LA.COM

Golden Sands Resort

PENANG

By Shangri-La